



LONGMONT DAIRY FARM INC.

VOL. 26, NO. 5  
May 2018

920 Coffman, Longmont, Colorado 80501

www.LongmontDairy.com

(303) 776-8466

Longmont Dairy Farm, Inc.

# MAY Happy Mother's Day!



Dear Friends,

One of my favorite things about this job is hearing from the kids. Occasionally, we will receive a letter from a kid that just melts our hearts. Last year, one of our milkmen received a letter from a young man named Harrison who was moving to college and shared how much he was going to miss his "lactose locomotive." This week, we received a letter from an 8-year-old girl named Faith who told us how much she missed our milk after her family moved. She pleaded with us to please expand our delivery into her new neighborhood. At a time where technology is so prevalent, it is so refreshing to receive heart-felt letters from these awesome kids.

We are so grateful for all of you who choose to be our customers. We know you have a lot of choices and thank you for supporting our business for over 50 years. We also want to thank all the awesome kids that participated in the poetry contest. We hope you enjoy the winning poems.

Take care,

*Katie*

## Winning Poets Named!

Congratulations to all of the clever poets who took the time to think about the life of a farmer and who sent us their poems.

Poems were judged by age group, and the winners, from kindergarten through 12th grade, are shown in this issue. Poems will also be posted online at our website.

Enjoy reading them as you eat a healthy breakfast or relax after a hard day's work.

## Save on Lemonade

Only \$2.99\* per half gallon in May. Bring in the summer with a refreshing glass of Longmont Dairy Lemonade! Made with pure lemon juice, 20% less sugar, and no corn syrup, lemonade is sure to brighten any sunny day.

Try Regular or Raspberry Lemonade for \$2.99\* per half gallon through the month of May.

\*Different rates apply for Boulder customers due to sugary drink tax.



# CONGRATULATIONS, 24<sup>TH</sup> ANNUAL POETRY CONTEST WINNERS! "A Day in the Life of a Farmer"

## Elementary and Middle School

### K-2nd Grade

#### 1st Prize

**Maya G.**, 2nd Grade  
Blue Mountain Elementary School,  
Longmont

If I was a farmer, I would grow corn.  
If I was a farmer, I would know  
about new cows born.  
I would get up early.  
I would go to bed late.  
All that I grew would be all that I ate.  
I would  
Milk the cows to  
Get milk  
Sometimes it  
Might get  
Spilled  
1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10  
I can be a farmer!

#### 2nd Prize

**Avery P.**, 1st Grade  
Runyon Elementary School,  
Littleton

#### The Farmer's Life

The farmer woke up to plant  
He was as busy as an ant  
He goes to milk a cow  
He has so much to do right now  
He sells crops at the store  
He works more and more  
He takes care of his animal friends  
His chores never end  
He has a nice wife  
He has a wonderful life

#### 3rd Prize

**Connor B.**, 1st Grade  
High Tech Elementary, Denver

If I were a farmer I would wake up  
early and stay up late  
If I were a farmer I would grow  
green beans but not weeds  
If I were a farmer I would drink  
milk to stay healthy  
If I were a farmer I would eat lots of  
bacon from my pigs  
If I were a farmer I would eat  
chicken from my chickens  
If I were a farmer I would let my  
rooster wake me up  
If I were a farmer I would feed my  
horses every day

### 3rd-5th Grade

#### 1st Prize

**Carissa S.**, 4th Grade  
Nativity of Our Lord Catholic School, Broomfield

#### A Farmer's Rap

Yo yo, I'm a farmer you know  
Love this life, makin' things grow  
Get up early to milk the cows  
Was Ma and Pa who showed me how  
It's a lot of work to ready the milk  
But customers love it smooth as silk  
Then work all day chuckn' that hay  
Ma will call when supper's made  
Kids go to school, study at night  
But first their chores are done-up right  
Then off to bed with muscles sore  
We lay our heads thank'n the Lord  
Ev'ry day that's how it goes  
To feed y'all, 'cause I'm a farmer you know.

#### 2nd Prize

**Ryder M.**, 5th Grade  
Lois Lenski Elementary, Centennial

#### A Farmer's Life

I wake up in the morning, when I hear the rooster crow.  
I have a lot of chores to do, so best get up and go.

I need to feed the breakfast to the pigs behind the gate.  
They will snort and snuffle, if ever I am late.

Next, I go into the barn to see the friendly cows.  
I milk them til' my hands start hurting and then I take a bow.

The milk is nice and fresh to drink but now I need some eggs.  
I go into the hen house and open up the gate.

The chickens have laid all their eggs. I pick up every one.  
I still have lots of chores to do, before my day is done.

So next I go and plow the fields and see my crops of wheat.  
I hop up on my tractor and climb on to the seat.

I work for hours and plow my fields.  
It is almost time to eat a meal.

I go back home after my last chore.  
I reach for a glass and its milk that I pour!

I drink until the sun goes down and then climb into bed.  
My work is done. The day is done. I rest my weary head.

I go to sleep and have sweet dreams of my life upon the farm.  
I know my chores will come again, thanks to my rooster alarm.

#### 3rd Prize

**Aria M.**, 4th Grade  
Mesa Elementary, Boulder

#### The Farmer's Day

The farmer's up  
The sun just rose  
Carrots and corn and zucchini he grows  
Go to the barn  
At the break of dawn  
To milk the cows  
And feed the sows  
Collecting eggs  
While the cat's stretching his legs  
Hop into the tractor  
The wheels are turning  
While mowing the grass the engine's burning  
Bottling milk, packaging cheese  
We need to keep the customers pleased!  
Now milk the cows one last time  
In the last bit of the day's sunshine.

### 6th-8th Grade

#### 1st Prize

**Matteo M.**, 6th Grade  
Powell Middle School, Littleton

#### A Day in the Life of a Farmer

Each day of a farmer, is filled with hard labor.  
I get up early, before all of my neighbors.

My work on the farm is from dawn until dusk.  
Taking care of my animals and crops is a must.

I go to the coop to check on the chickens,  
Then I find the eggs and get the best pickens'.

I walk to the barn where I find ole Bessie,  
She is in her stall, and her hair is kind of messy.

It's time to milk her and the whole cow crew,  
It takes a lot of time, but there's still more to do.

Next, I go to the pens to feed all of my goats.  
The biggest in the pack is so proud that he gloats.

I hop on my combine to harvest the wheat.  
The rows and rows are lined up so neat.

I go to the sheep and shear their hair,  
The smell of the farm is always in the air.

I like the smell, and it suits me just fine.  
To me, the life of the farmer is very divine.

I have one thing left; my day is almost done.  
It is almost time, to say goodnight to the sun.

I sit down to dinner with my family of four.  
It is always so nice to settle down after my chores.

My work day is over, and my farm is at rest.  
My bed is so cozy, it feels like a nest.

It is tough to be a farmer. The days are hard and long.  
But I know in my heart, this is where I belong.

#### 2nd Prize

**Alex C.**, 7th Grade  
Powell Middle School, Littleton

#### Here on the Farm

Looking up at the clouds  
Still a long day  
Milking the cows  
Chickens laying eggs

Cloudless sky  
Sun shining bright  
Working hard  
Until the fall of night

Tractor roaring  
Dog at my side  
Birds soaring  
Grandson wanting a ride

Walking past the animals  
Toward the barn  
It may look like fun  
But life's busy here on the farm

#### 3rd Prize

**Henry N.**, 8th Grade  
Nevin Platt Middle School, Boulder

#### The Farmer

Oh, to be a farmer and wake up and see,  
The trees aflower encrusted with bee,  
The fresh straight sprouts in long orderly lines,  
And in the distance a mountain of pines,

The cows start to awaken on their bed of green grass,  
With the high held heads of fine bovine class,  
The lambs ruffle their thick downy wool,  
And shining dew flies in the air in great handfuls,

The air is bright and clear and crisp,  
The mist to dispersed to only a wisp,  
Just you and the animals, the quiet morning light,  
But you have plenty to do, until the sun's out of sight.

## High School

### 9th-12th Grade

#### 1st Prize

**Amy S.**, 9th Grade  
Holy Family High  
School, Broomfield

#### Porch Reflections of a Farmer

Sun going down  
Days getting shorter  
Cold setting in  
Harvest is over

Tractors parked  
Silos filled  
Scarecrow napping  
Soil tilled

Kids grown now  
No one stayin'  
Fence needs mendin'  
Porch needs paintin'

A chill on the night  
A single crow sound  
Coffee is cold now  
Upstairs bound

Thoughts of rest  
Not for a farmer  
Another year older  
Next year harder

#### 2nd Prize

**Danielle F.**, 9th Grade  
Stargate School, Thornton

#### The Sun's Rays Bring Light to the Happy Farm

The sun peaks gently over crops  
Extending past where the eye can see  
Leaves stretch up, and extend their roots  
Shifting the soil and digging deeper

The hooves of cows come stomping through  
Crushing new shoots and chopping blades of grass  
Then the rooster comes out to play  
Screeching away the silence of the morning

Chickens, goats and farmers awaken  
Shaking off slumber to begin the summer harvest  
Tools are found, animals milked and fed  
And the sun continues to lighten the sky

Warming the air, causing sweat to drip from the farmer's skin  
But even with his shirt soaked through, he faces the fields  
Ready to free young seedlings and fruits from their cradles  
And so the farmer plucks and plows, the sun circling the clear blue sky

The animals lounge in the shade of trees, cowering from the burning light  
They nosh on small daisies, while swatting away flies waiting for the  
heat to recede

But the farmer keeps pushing through his suffering  
determined to finish before the sun sets ending it all  
Finally the light fades away, ending the oh so heated day  
Tools and creatures are put back where they belong

Exhausted from their lounging in the sun  
And finally the farmer takes his rest collapsing in his rocking chair  
Sitting on his porch and taking off his hat, feeling his muscles all tired and sore  
The crickets awaken while the sun goes to sleep, its last colors fading in  
the distant sky

The moon takes its place, and an army of stars to protect the farm below  
The last wisp of day whisked away  
And the farmer he thinks back to all the work he did  
Knowing his harvest will feed people through Summer and Fall  
Happy to know his crops will be used by families for days and days

# MOOO RECIPES

## French Toast Churro Style

Serves 4 (Kids can help!)

- ½ cup granulated sugar
- 2 tablespoons ground cinnamon
- 2 tablespoons cream cheese, softened
- ¼ cup powdered sugar
- 1 tablespoon LDF 2% milk
- 6 Egg-Land's Best Eggs
- 1 ½ cup of LDF 2% Milk
- 1 tablespoon vanilla extract
- kosher salt
- 1 tablespoon butter
- 8 slices of white bread

Mix granulated sugar with cinnamon in a shallow dish and save for later.

In a small bowl, mix together cream cheese, powdered sugar, and tablespoon of milk until smooth.

Whisk the eggs, milk, vanilla, and a pinch of salt together in a shallow dish. Using a medium, nonstick skillet, melt butter over medium heat. Soak each slice of bread in egg mixture and place in the hot skillet. Cook each side until golden brown.

When done, remove bread and immediately toss in the cinnamon-sugar, then plate. Top the French Toast with a drizzle of the cream cheese glaze, serve, and enjoy!

*Mooo News, May 2018*

## French Toast Bundle

Save \$2.50 when you buy this Bundle in May.

Save \$2.50 when you order the "French Toast Bundle" which includes Country White Bread, Egg-Land's Best Cage-Free Brown Eggs, and Longmont Dairy 2% Milk! Planning breakfast just got easier with the basic ingredients right at your fingertips.



## Root Beer Milk Returns

All Natural Ingredients

Celebrate the start of summer with smooth and delicious Root Beer Milk, made with 2% Reduced Fat Milk.



## New Products!

**Chobani Plain Yogurt** – 16 oz. tubs

**Fresh & Convenient Home-style Breads:** County White, Whole Wheat Honey, and the Specialty Bread for May - Banana Bread

**Califia Unsweetened Almond Non-Dairy Beverage** – 48 oz.

**Califia Coconut Almond Blend Non-Dairy Beverage** – 48 oz.

