



DAIRY FARM INC.

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MOOO NEWS

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Longmont Dairy Farm, Inc.

MAY Happy Mother's Day!

Dear Friends,

We've had such a fun time reading all of the poetry submissions and are happy to announce the winners in this issue of Moo News. We have some very creative kids and teens out there and hope you enjoy reading the winning entries.

This month I want to wish a very HAPPY MOTHER'S DAY to all of the wonderful moms out there. Although it can sometimes be a thankless and exhausting task, it is arguably one of the most important roles a woman can play. So, enjoy your day and celebrate being a mom, or thank your mom, or tell a mom that you know what a great job they are doing. Let's celebrate all of the moms in our lives.

Take care,

Katie

Poetry Contest Winners Announced

"A Day in the Life of a Cow," this year's poetry contest theme, brought us many interesting stories from the cow's point of view. It is true that we work to keep our cows as "happy" as possible. Cows really do select their own friends and they group together so they feel secure. They love to eat, follow routines, sleep, and line up when it's time to be milked.

You will enjoy reading about the adventuresome cows our poets have imagined.

Congratulations and thank you to all who entered this year's contest!

Local, Fresh-Roasted Coffee and Farm-Fresh Milk Pairing

We Love Fresh!

Silver Canyon Coffee is roasted locally, shortly before you receive it, and expertly blended. We offer Premium Medium Roast, a smooth, rich, European style blend of Central and South American coffees, and Premium Dark Roast, a complex and spicy coffee that is smooth, with a hint of sweetness. 12 oz. bags are available in ground or whole beans.



Foaming Milk for your Coffee

Shake or whisk about a quarter cup of milk in a jar, until it foams, and heat it in the microwave for about 10 -20 seconds to solidify the foam.

Dollop foam on top of hot coffee.

CONGRATULATIONS, 23RD ANNUAL POETRY CONTEST WINNERS! "A Day in the Life of a Cow"

Elementary School

K-2nd Grade

1st Prize

Rome L., 1st Grade
Home schooled, Arvada

A Day in the Life of a Cow

I once had a calf,
that made me laugh.
It ate half my grass
While I was in class.
I would have been mad
But instead I was glad!
For it will make me
Warm cream
That will make me have
Sweet dreams.

2nd Prize

Ginger G., Kindergarten
Wilder Elementary, Littleton

I am a cow
I play in the hay
I sleep in a barn
and eat grass all day.

I have lots of milk
That I like to share
with all of my babies
and we do a prayer.

To make us grow up
big and strong
and then we say
goodnight to all.

3rd Prize

Xavier H., 2nd Grade
Westerly Creek Elementary, Denver

Some cows are white,
They "mooooo" with all their might.
Cows have bells made of brass
Cows eat flowers and grass.

Cows like to eat,
they eat on their feet.
Even though cows weigh
more than half a ton
It doesn't mean they can't run.

Cows make milk,
It's smoother than silk!
Some cows are black and white.
Milk is what I drink each night.

3rd-5th Grade

1st Prize

Jett O., 4th Grade
Boulder Community School of Integrated Studies
(BCSIS), Longmont

A Cow's Day

In the morning the cows wake up
See the chickens, cats, and pups.
The farmer feeds them
grains and seeds
That fills them up with all they need.
The calves drink their mother's milk
When the spiders spin
their webs from silk.
They prance, they play,
they do that all day
Until the sun is away.
They go to sleep in their hay beds
With great dreams in their heads.

2nd Prize

Kate W., 3rd Grade
Home schooled, Erie

Harry the Cow

A little cow named Harry,
he slept under the moon.
When the sun rose up, his parents
told him to get up soon.
But he somehow did not
get up until noon!
And when he was slowly
chewing his cud.
His parents got up and said
speed up bud!
He started playing with his friends like crazy!
And after that he sure felt lazy
He ate a nice dinner of hay.
And then he went to bed
with nothing to say.

3rd Prize

Asmi P., 3rd Grade
North Star Academy, Parker

Cow

If I was a cow,
my catchphrase would be WOW,
I would live in the prairie,
with all of my dairy,
live with my friend Jane,
and wish I had a lion's mane,
if you were there,
I would take you everywhere!!

6th-8th Grade

1st Prize

Luke M., 6th Grade
Home schooled, Aurora

May's Day

There once was a cow named May,
who sat in a pasture all day.
As the clouds flew by,
she said with a sigh,
"This is quite boring, I say!"

So she got together her friends,
and a pail the farmer lends.
They made some milk
as smooth as silk
and soon the day came to end.

Quickly they started to bake
and a wonderful cake they did make.
They had a party,
the food was hearty,
and the milk was better than the cake!

2nd Prize

Julianna K., 8th Grade
Summit Ridge Middle School, Morrison

The Cow in the Kitchen

To my surprise,
When I opened my eyes,
They gazed upon an endless field of grain,
It seems I could not explain,
And things just got more odd,
When I stared down at the cloven hooves I trod,
Why on earth was I a cow,
Guess it was too late to wonder now,
The wind inspired the grass to dance,
So then I began to prance,
Across rolling countryside hills,
To the farmer's house and the windmills,
Because I was starting to get hungry now,
But just because I'm a cow,
Doesn't mean I'll add grass to my diet,
Just to keep my stomach quiet,
Leaping over the fence in my way,
I continued out my day,



High School

9th-12th Grade

1st Prize

Nadia B., 11th Grade
New Vista High School, Boulder

Inspiring Moooves

Maurice was a happy cow,
Although he wished he could visit the moooon
He would have to change his tuuuuune...
When would he learn the cow way?
They would stretch their arms and
Eat some hay
Before they went to play

He woke up that day in the mooood
To grooove to some smooooth muuusik
He did a little jig
He did a big leap
He was about to soar
His time was now
He wanted to show the other cows how
High
Higher
Highest

Before he knew it he was like that other guy
His muuuse, soaring high into the sky
He was teary-eyed as he passed that big disk
It was a risk he was willing to take.
His friends cheered
Maurice was different,
But he showed everyone
To mooove the way they were made.

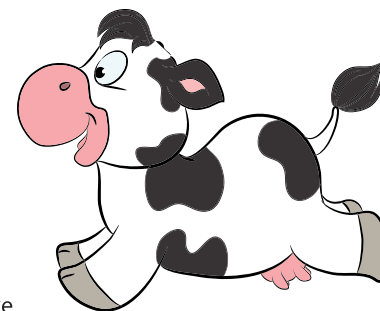
The house had a rather weak door,
So I knocked it down onto the floor,
Trampling over it and into the house,
Making much more sound than a mouse,
Much to my dismay,
The pantry was locked in a complex way,
The fridge was a carefully crafted safe,
Though my brown eyes spotted something great,
A pristine pecan pie left on a plate,
Leaping up onto the counter to feed,
Utensils? I had no need,
The pie disappeared, and the pan fell onto
the ground,
I jumped back as it made a clanking sound,
After my walk to the house I was quite worn out,
So I took a nap on the floor because there was
no doubt,
I was very tired and stuffed to the brim,
No need for me to be proper and prim,
When the farmer and his wife rode up in that old
Ford truck,
He questioned his luck,
On why of all things one of the cattle,
Was in the house snoring so loud it made the
house rattle,
What compelled this odd spotted bovine,
To eat the pie he outright claimed was "mine",
I was woken up and brought back to the pasture
of gold,
To remember to do what was told,
But when I woke up again more human in scale,
I was sure to tell the tale,
Of the Cow in the Kitchen.

3rd Prize

Isabela D., 7th Grade
Fox Ridge Middle School, Aurora

A Day in the Life of a Cow

I am a cow
I eat my chow
What is this
A feeling of bliss
I get milked
Its texture like silk
I go to my friends
Before the day ends
At night I dream about the
things my milk helps to make
But one of these things isn't a steak
It starts with cookies and ice cream galore
Making these are never a chore
It continues with creme brulee, pudding, and
whipped cream delights
These are all gobbled up in a matter of bites
This list could go on for ages
But it would be a thousand pages
So in short, cows at Longmont
Give people what they want



2nd Prize

Ayla D., 9th Grade
Fairview High School, Louisville

A Day in the Life of a Cow

Just because I walk on fours
And don't speak your language of words
Doesn't mean I'm not something more
With a life just as complex as yours

Every day I wake up with the sun
To go out and feed on the grass in the field
With my friends, we'll have a bit of fun
Underneath the sky, clouds, and sun

Really, any type of weather will do
But that's beside the point I often digress
My friends, we're together, through and through
Our secrets all known and hardly few

When we're fed and milked for cream
And the moon kisses us a sweet good night
I'll go to sleep, as it may seem
And of tomorrow, I'll certainly dream

Of a day in the life of a cow.

3rd Prize

Annie H., 9th Grade
Niwot High School, Niwot

The sky is just turning orange as I wake
The grass has a crisp dew covering it
I yawn and stretch out my legs as the farmer
lumbers over still half asleep
He begins to milk me as I look over at the
new calves
By the time the farmer is done the golden sun
has filled the sky with light

Time to eat
The grass snaps with every bite I take
And with every bite the dew rolls off the grass
and lands softly on the ground
The calves drink the warm fresh milk from their
mothers utters
As night seized the day and as the orange glow
breaks the warm blue sky
I slowly drift into a deep sleep and jump over the
milky moon when the clock strikes midnight

MOOO RECIPES

Katrina's Cookies

2 sticks butter—softened
¾ cup sugar - cream with butter.
Add 1 large egg - cream with butter and sugar
Add 1 tablespoon vanilla, cream some more
Add 2 cups flour—slowly and cream until just blended

Cut two sheets of parchment paper to fit a 17" x 11" baking sheet. Lay the first sheet on the baking sheet and place cookie dough on the paper. Place the second sheet on top of dough. Spread the dough, between the parchment paper, flat, almost to edges of cookie sheet (not too close to edge to prevent getting too thin).

Place pan in the refrigerator to chill for one hour. Preheat oven to 350*. Bake at 350* for 15 minutes.

When still warm, cut into 2" x 2" cookies. Frost when cooled.

FROSTING

8 oz. cream cheese, softened
2 tablespoons butter, softened
Splash of Longmont Dairy Whole Milk
1 teaspoon lemon extract
¼ fresh squeezed lemon
Powdered sugar to your taste

Add a little powdered sugar at a time and beat, with mixer, until smooth and thick enough to spread on the cookies.

*Contributed by Katrina Mora
Mooo News, May 2017*



Refreshing Taste - Less Sugar - Special Price

Longmont Dairy Lemonade is made fresh, with pure lemon juice, 20% less sugar, and no corn syrup!

Try Raspberry and Original Lemonade in May for just \$2.99 per half gallon.

Regular price is \$3.32. Special price of \$2.99 when ordered for delivery between May 1 and May 31, 2017.

25¢ off Cool and Creamy Noosa Yoghurt

Locally made Noosa Yoghurt is a delicious snack.

Try one of our great flavors: Blueberry, Honey, Lemon, Mango, Peach, Raspberry, Strawberry Rhubarb, Tart Cherry, Pumpkin, Key Lime and Coconut flavors. Regular price \$3.09 for 8 oz. Save 25 cents per tub for delivery between May 1 and May 31, 2017.

