

# National Dairy Month

Pour

MOVE

6/11 Sunrise Stampede 6/14 Flag Day 6/19 Father's Day 6/21 First Day of Summer

## Refreshing Lemonade Less sugar, more taste

Our new and improved lemonade recipe has 20% less sugar, no corn syrup, and is made with pure lemon juice. Hands down, this drink is perfect for a summer day! Be sure to order more for your Father's Day celebration! Only \$3.42 for ½ gallon

#### Would you like a LDF Tote?

Watch for our booth at your local Farmers' Market and check out the new Longmont Dairy Farm tote bags. They are extra deep and wide, which makes them ideal for shopping.

### Annual Coloring Contest

Boys and girls, it's time for the annual summer coloring contest! It is easy to enter, just go to **www.Longmont Dairy.com**, and click on the link to this year's coloring page.

After you color the page, you can leave your entry in your porch cooler by June 24th. Your milkman will leave you a surprise for giving him such a lovely picture.

We will post some of the best pictures online, so take your time to make sure you do a very nice job! Dear Friends, There are so many great things to do during the summer, here in Colorado. I love living where we have four different seasons!

One of my favorite parts of June is going to the Farmers' Markets. However, I usually have a hard time deciding what to buy. . . it all looks so good!

One of our Longmont Dairy milk trucks visits some of the markets throughout the summer. Check our website to see where we will be parked. Then, come by and have a taste of your favorite LDF product, or better yet, try tasting something new!

Twenty-three years ago, David and I got married in June. We celebrated by eating strawberries out of the garden. I hope you will enjoy our recipe for Lemon Custard Ice Cream topped with fresh strawberries. Did you know you can just pour fresh, heavy cream on your strawberries? Whipped cream is yummy too!

Take care 'til next time,

Susan Boyd





#### Lemon Custard Ice Cream

Lemon is so refreshing. Top with strawberries for Father's Day and make Dad smile!

2 cups sugar <sup>1</sup>/<sub>4</sub> cup all-purpose flour <sup>1</sup>/<sub>4</sub> teaspoon salt 4 cups LDF milk



4 Egg·Land's Best eggs, lightly beaten 3 cups heavy LDF whipping cream 1 cup lemon juice

Step 1: Combine the sugar, flour and salt in a large pan. Gradually add milk, stirring continually. Bring the mixture to a boil over medium heat and cook for 2 minutes, constantly stirring, until thickened. Remove from the heat and let cool slightly. Whisk a small amount of hot milk mixture into the eggs. Then return the egg mixture into the pan, whisking constantly. Cook and stir until mixture reaches 160°.

When the mixture coats the back of a metal spoon, it is ready. Remove the custard from the heat and blend in cream and lemon juice. Cool quickly by placing pan into a bowl of ice water, and stir for two minutes. Press waxed paper onto surface of custard and refrigerate for several hours. May be made one day ahead of freezing.

Step 2: Fill cylinder of your ice cream freezer two-thirds full and freeze according to the manufacturer's directions. Refrigerate remaining mixture until ready to freeze. After the ice cream is frozen, transfer to a freezer container, and freeze for 2-4 hours before serving. Yield: 2 quarts.

Top with fresh Strawberries! YUMMY!

Recipe inspired byTasteofHome.com MOOO News, June 2011





* Whole Milk1/2 Gallon	\$2.79
1 Quart	\$2.15
* Reduced Fat (2%) Milk 1/2 Gallon	\$2.79
1 Quart	\$2.15
* Low Fat (1%) Milk 1/2 Gallon	\$2.79
1 Quart	\$2.15
* Fat Free (Skim) Milk1/2 Gallon	\$2.79
1 Quart	\$2.15
Chocolate Milk (2%)1 Quart	\$2.30
Chocolate Milk (2%)4 Pack	\$7.24
Strawberry Milk (2%) 1 Quart	\$2.15
Half and Half1 Quart	\$3.32
1 Pint	\$2.32
Whipping Cream1 Quart	\$5.52
1 Pint	\$3.32
Orange Juice1/2 Gallon	\$3.80
1 Quart	\$2.49
Apple Juice 1/2 Gallon	\$4.21
Lemonade1/2 Gallon	\$3.42
Medium Cheddar Cheese16 oz.	\$6.89
Sharp Cheddar Cheese 16 oz.	\$6.89
Colby Jack Cheese16 oz.	\$6.89
Shredded Cheeses8 oz.	\$3.79
Egg•Land's Best Eggs 1 Dozen	\$3.79
Country Cream Butter1 lb	\$4.99
Meadow Gold VIVA Low-fat Cottage Cheese 24 OZ.	\$4.94
NEW! Almond Granola1 lb	\$7.49
Metal Porch Boxes (optional)	\$45.00
Sports Drink Bottle (special introductory offer).	\$13.95
Delivery Charge (per delivery)	\$1.00
*Quantity Discounts 1/2 gallons milk only: Five cents per half gallon on the purchase of twenty or more 1/2 gallons per month (if there is no previous balance on your account). Weekly minimum delivery - 3 bottles, any size	
Prices effective May 1, 2011	



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