



VOL 20, NO. 9
September 2012

MOOO NEWS

920 Coffman, Longmont, Colorado 80502-0998

www.longmontdairy.com

(303) 776-8466

Longmont Dairy Farm, Inc.



FALL for Cinnamon Eggnog



Cinnamon Eggnog delivery begins September 1, and will be available through December 31. Be sure to add some to your order.

MOOOVE Colorado!

Our MOOOVE Colorado program promotes a healthy lifestyle for people of all ages, sustained by healthy eating, drinking milk and daily exercise.



Share how you move on Facebook. To learn more, visit us at: Mooove.LongmontDairy.com.



Select Artisan Cheese 4-Pack Returns!

Our Select Artisan Cheese 4-Pack contains four varieties of locally produced cheese: Jalapeño Jack, Asiago, Garlic Chive and Gouda. Order this special assortment for \$18.95 and save \$5.00. Cheeses are also available individually for \$5.99 for each 8 oz. package. Pre-order now for delivery beginning September 1. **A 4-pack contains one of each variety.*

Dear Friends,

September is a great time of year in Colorado, with the best of farmers' markets still thriving. The aspen are beginning to turn to gold, the elk are bugling in the mountains, and the warm weather is still great for bike riding and hiking. I hope you are enjoying yourself (even if school has started again).

Have you enjoyed the Olympics as much as I have? We are so fortunate to have a daily connection to this world-wide event! Colorado is home and training ground for so many great athletes. This month, in the Olympic spirit, we are launching a new program called MOOOVE Colorado, to encourage everyone to be physically active every day. Be on the watch for our MOOOVE milk bottles. You may have one delivered to your home soon.

Our favorite seasonal products begin to return in September. Have fun sampling our Select Artisan Cheeses, and a nice tall glass of cinnamon eggnog. I am looking forward to warm apple cider, when it returns. Have a great month.

Take care 'til next time.

Susan Boyd

1000 RECIPES

Broccoli Cheese Strata

This recipe, by Chef Jason K. Morse, from Valley Country Club in Aurora, is used with permission from Colorado Proud.

- 7 slices Sourdough Bread, cubed into 1" squares
- 1½ lbs. ham, diced
- 2 cups broccoli, blanched, chilled and chopped
- 1 clove garlic, minced
- 8 eggs
- ¾ cup Longmont Dairy whole milk or half and half
- 1/3 bunch Italian parsley, chopped fine
- 1 tsp. black ground pepper
- ½ cup Longmont Select Asiago Cheese, shredded
- ½ cup Tillamook Sharp Cheddar Cheese, shredded

Preheat oven to 375° F. In a large sauté pan, add a small amount of oil and cook the ham then add the minced garlic. Mix the eggs, milk, parsley and black pepper in a large bowl. In a 9" x 13" casserole pan, spray well with non-stick pan spray, then layer bread, cooked ham, broccoli, and top with cheese. Pour the egg mixture on top. Allow the egg mixture to soak into the bread pressing mixture into pan to ensure all of the bread is coated.

Cover with foil and bake for about 40 minutes, uncover and finish until center is fully cooked. The dish will have a nice golden color when done. Top with additional cheese if desired.

*From July 2010 issue of Farm Fresh,
by Colorado Proud
Used with permission*



Prices effective August 1, 2012

Whole Milk
½ Gallon - \$2.84
1 Quart - \$2.19

Reduced Fat Milk - 2%
½ Gallon - \$2.84
1 Quart - \$2.19

Low Fat Milk - 1%
½ Gallon - \$2.84
1 Quart - \$2.19

Fat Free Milk - Skim
½ Gallon - \$2.84
1 Quart - \$2.19

Half and Half
1 Quart - \$3.32
1 Pint - \$2.32

Whipping Cream
1 Quart - \$5.52
1 Pint - \$3.32

Chocolate Milk (2%)
1 Quart - \$2.34
4-Pack - \$7.24

Strawberry Milk (2%)
1 Quart - \$2.19

Cinnamon Eggnog
1 Quart - \$2.99

Orange Juice
½ Gallon - \$3.80
1 Quart - \$2.49

Talbot's Apple Juice
½ Gallon - \$4.21

Talbot's Apple Cider
½ Gallon - \$4.21

Country Cream Butter
1 lb. - \$4.99

Tillamook Block Cheese
Medium Cheddar Cheese
Sharp Cheddar Cheese
Colby Jack Cheese
16 oz. - \$6.99

Tillamook Shredded Cheese
Sharp Cheddar Cheese
Colby Jack Cheese
Mozzarella Cheese
8 oz. - \$3.99

LDF Select Artisan Cheese 4-Pack
Garlic Chive, Asiago
Jalapeno Jack, and Gouda
4 - 8 oz. - \$18.95
Select Artisan Cheeses are
also available individually:
8 oz. - \$5.99

Egg-Land's Best Eggs
Cage Free Brown
1 Dozen - \$3.94
White - Grade AA Large
1 Dozen - \$2.89

VIVA Lowfat Cottage Cheese
24 oz. - \$5.29

Noosa Yoghurt
Mango, Blueberry, Peach,
Strawberry Rhubarb,
Raspberry, Honey
SAVE! Order 6 or more:
8 oz. - \$2.49
* Call to pre-order
Purchase Individually:
8 oz. - \$2.79

Metal Porch Boxes
\$45.00 - optional

Quantity Discounts apply to purchases of 20 or more ½ gallon bottles of milk per month (if there is no previous balance on your account).

Weekly Minimum Delivery: 3 bottles, any size.

Delivery Charge (per delivery) - \$1.00

©2012 Longmont Dairy Farm, Inc.



Sunnier Outlook for Longmont Dairy Customers - Orange Juice prices have dropped!

The price of oranges has fallen to their lowest price since October 2009, and we are delighted to be able to pass this decrease in price along to our customers. Only \$3.80 for a delicious half gallon, or \$2.49 for a quart of refreshing OJ!