



DAIRY FARM INC.

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March 2021

MOOO NEWS

920 Coffman, Longmont, Colorado 80501

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Longmont Dairy Farm, Inc.

MARCH Spring Ahead!

Hey Kids! Enter the 27th Annual Poetry Contest!

Write a poem about "The Superpower Milk Gives You!"

Enter for a chance to win prizes.

Milk provides energy and is packed with important nutrients. Will this help you be more powerful on the sports field? Stronger at midcourt? Or maybe it will give you a special superpower! Use your imagination, be creative, and let us know.

Limit the Length: Please limit the length of your poem to 120 words or less. If you are inspired to keep writing, just write a new poem to submit. Enter as many times as you wish.

Prizes: Prizes will be awarded by grade divisions. 1st place \$60; 2nd place \$40; 3rd place \$20.

Deadline: Entries must be received by midnight on Sunday, March 14, 2021.

Send your poems by email to customerservice@longmontdairy.com or mail them before Thursday, March 11, to Longmont Dairy, 920 Coffman Street, Longmont, CO 80501. Include your name, grade, school, home address, and phone number.

Contest Rules

The contest is open to current Longmont Dairy customers and will be divided by grade divisions: K-2nd Grade, 3-5th Grade, 6-8th Grade, and 9-12th Grade.

- Contestants may enter as many times as they want. Limit the length of the poem to less than 120 words. Each submission must include contestant's name, grade, school, home address, and phone number.
- Each winner will have their poems published in the May Mooo News with their name, school, and grade. Poems published on our website will include poet's first name, school and grade. All poems that do not win a prize may be posted on our website at our discretion.
- Poem submissions become the property of Longmont Dairy Farm, Inc. Your entry of a poem gives your consent to the contest rules.

Dear Friends,

What a memorable and interesting year since March 2020. It has been a year of changes. Who could have imagined the "New Normals" we now live with.

St. Patrick's Day, College Basketball Tournaments, Spring Breaks and Palm Sunday will be spent in new ways in 2021. Happily, Daylight Savings Time and the First Day of Spring will remain the same old way!

I am glad Longmont Dairy still enjoys some of the "pre-COVID" ways. Milk is still good food, pure and nutritious, and the cows don't know that anything has changed. And our customers are still the best in the world!!

Speaking of nutrition that is healthy and delicious, please take advantage of savings on Orange Juice this month!

Thanks for sticking with us and allowing us to serve you this past year.

Take care,

Susan

Bread of the Month

March:
Snickerdoodle

MOOO RECIPES

Seafood & Potato Chowder

Warm up a chilly spring evening with this hearty soup. Every spoonful is packed with flavor! 12 servings (3 quarts).



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|---------------------------------------|--|
| ½ c. Country Cream butter, cubed | 1 can (15¼ oz.) whole kernel corn, drained |
| 4 celery ribs, chopped | 3 bay leaves |
| 3 medium carrots, chopped | 2 c. Longmont Dairy Half & Half |
| 1 large onion, chopped | 2 Tbsp. lemon juice |
| ½ c. all-purpose flour | 1 lb. halibut fillets, cut into 1-inch pieces. Can also use cod, haddock, clams, or other whitefish. |
| ¼ tsp. white pepper | 1 c. salad croutons |
| 2 c. Longmont Dairy 2% milk | ¾ c. grated Parmesan cheese |
| 1 can (14½ oz.) chicken broth | ½ c. minced chives |
| ¼ c. water | |
| 1 Tbsp. chicken stock base (optional) | |
| 3 medium potatoes, peeled and chopped | |

In a large saucepan, melt butter over medium heat. Add celery, carrots and onion; cook and stir until tender. Stir in flour and pepper until blended. Gradually add milk, broth, water and chicken base. Bring to a boil; cook and stir until thickened, about 2 minutes.

Add potatoes, corn and bay leaves. Return to a boil. Reduce heat; cover and simmer until potatoes are tender, 15-20 minutes.

Stir in cream and lemon juice; return to a boil. Add halibut. Reduce heat; simmer, uncovered, until fish flakes easily with a fork, 7-11 minutes. Discard bay leaves. Serve with remaining ingredients.

Mooo News, March 2021

Vanilla Mint Milk is Back!

Available while supplies last!

If you have not yet tried our Vanilla Mint Milk, now is the time! Made from 2% milk, it is rich and creamy with just the right combination of sweetness and fresh flavors. Delivered only in March and April. Quart bottles are \$2.79.



Orange Juice Sale!

50¢ off Half Gallons
25¢ off Quarts

Start your day with OJ! One 8 oz. glass of Orange Juice provides 100% of your daily Vitamin C requirement.

Sale price available only for deliveries in March.



Supporting Local Business

Eric and Heather have been Longmont Dairy customers for years. They also run a local business making porch boxes. They are just the kind of people we like to partner with!

Their Longmont Dairy porch box is available in two sizes, 6-bottle for \$49.99 and 9-bottle for \$59.99, and can be ordered by calling Longmont Dairy. With insulating wood walls that are almost ½-inch thick and moisture-resistant, these boxes are sure to keep your deliveries well protected and look great in front of your home for years.

Thank you, Eric and Heather, for your commitment to Longmont Dairy!

