



DAIRY FARM INC.

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CELEBRATING

25

YEARS
of Moo News

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Longmont Dairy Farm, Inc.

JANUARY

Welcome to 2018!



From left: EmiLou, Don, Lucy, Dave, and Mary Sherman.

Dear Friends,

Happy New Year! We hope you had a great holiday season.

As you may know, most of the additional products we carry are locally sourced. We are fortunate to work with companies that have similar values and quality standards. Just to name a few, we carry Noosa Yoghurt from Bellevue, Silver Canyon Coffee from Boulder, and Talbots Apple Juice from Pallsade.

One local company that we're featuring this month is Enjoy Biscotti out of Wheat Ridge. The owner, Mary, sat down with us to share some great information about her company and her family. We are so happy to be carrying her delicious products and hope you enjoy her story.

Thank you for supporting Longmont Dairy and other local businesses in our state!

Take care,

Katie

Lovingly Handmade Biscotti

Mary started her company, "Not on purpose." She used to make Biscotti as gifts. A friend, with a coffee shop in Boulder, liked them and became her first customer, and Enjoy Biscotti Company was born. Now she "just holds onto the reins and follows where the company leads." Mary Sherman says, "It's more than a business. It's a joy."

A woman-owned business located in Wheat Ridge, her employees are all ladies she knows who gave up their careers to be stay-at-home-moms. They plan their own work time for the week. They have keys to the kitchen. Mary personally bakes all their products with the best ingredients that are locally sourced whenever possible. Her family has also been a great source of support.

Last spring, Enjoy Biscotti did a special project for Netflix, with the re-launch of the "Gilmore Girls." To read more about it, visit www.longmontdairy.com/biscotti.

Thanks, Mary, for providing us with delicious, handmade oatmeal, granola, and biscotti.

New! Enjoy Biscotti Four-Pack

Four individually wrapped gourmet biscotti, made from natural ingredients. Try Frangelico Chocolate Toffee Chunk, It's All Chocolate, Baby!!, Orange Cranberry Toasted Pecan, and Limoncello Cherry. Locally and lovingly handmade and found only in top coffee shops. \$6.50 each.



MOOO RECIPES

Creamy Potato and Broccoli Cheese Soup

Warm up a good day with soup. Serves 6.



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|---|---------------------------------------|
| 1 small onion, chopped | 1 tablespoon Country Cream butter |
| 1 medium carrot, chopped | 2 tablespoons flour |
| 1 celery stalk, chopped | 2 ½ cups chicken (or vegetable) broth |
| 2 cloves garlic, minced | 1 cup Longmont Dairy whole milk |
| 4 cups broccoli florets, chopped | ¼ teaspoon salt and fresh pepper |
| 2 medium potatoes, peeled and diced small | 2 cups Tillamook Sharp Cheddar cheese |
| | 1 tablespoon Parmesan cheese |

Chop vegetables to small chunks. In a large pot, melt butter on low heat. Add chopped vegetables and sauté for about 5 minutes or until soft. Add flour, salt, and pepper stirring until smooth.

Add broth, milk and potatoes and bring to a boil. Cover and simmer on low until potatoes are soft. Stir in chopped broccoli and Parmesan cheese. Check taste and add salt and pepper if needed. Cook uncovered for about 5 minutes or until broccoli is cooked. Add Cheddar cheese, stirring well. Remove from heat.

To thicken, remove about 1½ cups of the potatoes and broccoli and place in food processor. Pulse a few seconds. Return to soup and blend. Serve and enjoy!

*Adapted from Skinnytaste.com
Moo News, January 2018*

Good Morning Coffee Pack

Save \$4.00 when you order the “Good Morning Coffee Pack” featuring Dark Roast Coffee to brew, rich Half & Half to swirl in, and delicious, new, Biscotti to dunk with. Yummy! The bundle includes **Silver Canyon ground Dark Roast Coffee**, **Longmont Dairy Half and Half**, and the **new Biscotti 4-pack by Enjoy Biscotti**. Order in January. The discount is valid only when ordering as a bundle. No substitutions please.



Join us at the Oatmeal Festival

Saturday, January 13, 2018
7:30 am - 12:00 pm

We are happy to again be a sponsor of the Lafayette Oatmeal Festival.

Join us for breakfast, the 5K walk/run, the new Ninja Warrior Course, and other heart-healthy family activities. Visit Longmontdairy.com/events for more information.

Got Protein?

To look and feel leaner and stronger, you need protein. But not all protein sources are created equally. Variations are due to the availability of Essential Amino Acids (EAA) and the digestibility of proteins. Dairy, eggs and soy tied for the highest score on the PDCAAS (Protein Digestibility Corrected Amino Acid Score) followed by meat, seafood, and nuts. To read more about protein quality, visit: www.longmontdairy.com/protein.

Save 50¢ per Bottle

Prep for Your Workout and Boost Your Protein with Pro-to-Go Protein Milk.

With 14 grams of protein per 8 oz. serving, it makes a great snack or meal replacement.

Order chocolate or vanilla for delivery in January and save 50¢ per bottle.

