



LONGMONT DAIRY FARM INC.

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# NEWS

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Longmont Dairy Farm, Inc.

# July Dig 4th of July!

Dear Friends,

As we celebrate the birth of our nation, it's appropriate to pause and give thanks to the heroes, past and present, who have enriched our lives. Through the crisis of COVID 19, we have become aware of how valuable our workers are. We thank our healthcare providers, grocery store workers, delivery drivers and countless more who have helped us get through this pandemic.

At Longmont Dairy, I want to thank the individual departments that have helped us to continue to serve you.

- Our **Drivers** have worked so hard to deliver larger loads to more customers. We thank them for handling this large burden.
- Our plant always follows very rigid protocols for cleanliness and our **Plant Crew** has done a tremendous job of implementing additional measures to keep your food safe and themselves healthy.
- **Customer Service** has handled large surges of customer requests through these unprecedented times. They all have done a great job of keeping the systems running.
- Our **Mechanics** and the **Cleaning Staff** have worked many extra hours to keep our trucks running and carefully sanitized.
- We are blessed with a great group of leaders working with their departments. Our **Managers** all jumped on board, in late February, to start putting safer measures into place as we prepared for COVID.
- Our other departments, such as **Accounting** and **Inventory**, have been very innovative with creating new remote processes, handling increased workloads and dealing with entirely new scenarios. We also appreciate some of the **Sales Staff** being flexible to take on other roles during this time and for the **Sales Team** creating new processes for the future.

We are incredibly grateful and beyond blessed for the many heroes that make Longmont Dairy what it is!

Happy 4th of July and take care!

*Katie*



# UNCLE SAM WANTS YOU TO GET CREATIVE!

Celebrate the 4th with DIY patriotic decorations, fun crafts, yummy treats, festive activities, and a little history. The kids will have a blast decorating your lawn, windows, or backyard with balloons, streamers, flags, pinwheels and other patriotic creations.

## Set the Scene

The kids will have a blast decorating your front porch and lawn, windows, or backyard with balloons, streamers, flags, pinwheels and other patriotic creations.

Gather up art supplies and party decorations to:

- Make flags and pinwheels to blow in the wind in your front yard.
- Design patriotic signs and hang banners to support heroes.
- Make some balloon bouquets including colorful ribbons.
- Put old playing cards on your bike spokes with clothespins.
- Turn crepe paper into bike handlebar streamers or wheel pom-poms.
- Make something festive for your pets to wear like a red, white and blue collar.



## Create a Parade

- Decorate your bikes, scooters, wagons, and strollers with red, white and blue then parade around your driveway or neighborhood.
- Use a portable music system to play John Phillips Sousa marching music.
- Make your own drums and flutes.
- Announce your parade with yard signs.



## The Beat Goes On

Make a Colonial homemade mini-drum.

- Paint a recycled coffee can bottoms-up with red, white and blue stars and stripes, and use 2 metal spoons for beating a march on your drum.
- Or, decorate an empty Oatmeal box with construction paper, and use 2-wooden spoons for drumsticks.



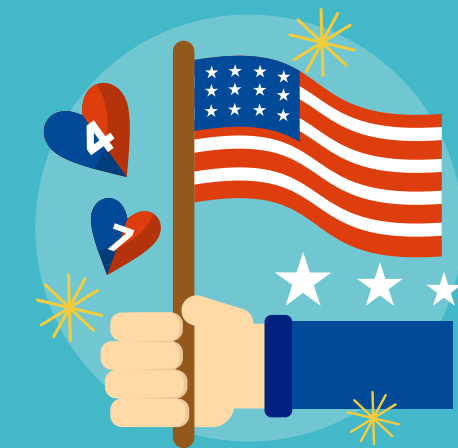
## Carry a Tune

- Make your own flute with the help of a parent. Go to YouTube and search for "How to Make a PVC Pipe Flute" for a short video on instructions on drilling holes.
- Make a Kazoo. Decorate an empty toilet paper roll. Place a sheet of wax paper over one end and secure it tightly, over the opening, with a rubber band. Sing or hum into your new Kazoo.



## Dress for the 4th!

- Go through your drawers and closets for red, white and blue clothes to wear. Make a flag t-shirt with an old shirt and paint.
- Design an Uncle Sam or Statue of Liberty costume.
- Make patriotic paper hats and liberty crowns. Or decorate old hats.
- Paint some uncooked macaroni and string the macs together with some decorative beads for necklaces or bracelets.



## Songs to be Sung

Have an Old-Fashioned Patriotic Sing-Along Around Your Backyard Campfire

At the end of a great day celebrating our nation's birthday, sit around your backyard campfire for a musically fun time singing your favorite patriotic songs, and playing your drums and flutes. Everyone will enjoy singing "The Star-Spangled Banner," "America the Beautiful," and "I'm a Yankee Doodle Dandy." Go to ScoutsSongs.com to print out the lyrics for these classics plus more!



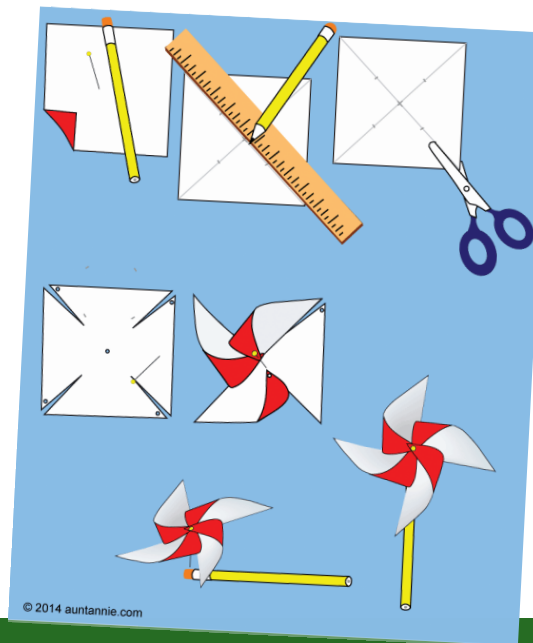
## Make a 4th of July Paper Pinwheel

Here's what you need:

- Construction paper
- Pencil with eraser, unsharpened
- Straight Pin with ball top
- Scissors, ruler and a pencil
- Optional: beads, glitter, and glue

Easy directions:

- Pre-cut a 6" x 6" paper square and decorate it with paint, or glue on glitter.
- Use the pencil and ruler to draw 2 diagonal lines, corner-to-corner, that cross at the square's center.
- Mark the center point and mark a point  $2\frac{3}{4}$ " from each corner on the diagonal line. Cut in, from the corner to the  $2\frac{3}{4}$ " mark.
- Using the pin, punch a hole in the center, and at every other point about  $\frac{1}{4}$ " from the tip.
- Poke the pin through one of the point holes and curl the point toward the center, don't fold
- Curl each pierced point, in turn, toward the center and poke the pin through all of the holes
- Push the pin through the center hole of the Pinwheel
- Holding the pencil on a flat surface with one hand, push the pin into the side of the eraser
- You're finished! Make a lot of 4th of July pinwheels to share with your neighbors.



## 4th of July Trivia Questions - Quiz Your Parents!

Why do we celebrate the 4th of July? [It's a day that represents the Declaration of our Independence from England, and the birth of the United States of America as an independent nation.]

What are the first seven words of the Declaration of Independence? ["When in the course of human events..."]

Who sewed the first official American flag? [Betsy Ross]

Why were the stars in a circle on the first flag? [To show that all the colonies were equal.]

In what city was the Declaration of Independence signed? [Philadelphia, Pennsylvania]

Whose signature is the largest on the Declaration of Independence? [John Hancock's]

Who was the king of England when the colonies declared their independence? [George III was King of England]

What country gave us the Statue of Liberty? [France]

Who were the Minutemen? [They were a small, elite, military force that could be called upon to quickly defend their towns from war.]

# MOOO RECIPES

## July is Ice Cream Month

*There is nothing better than homemade ice cream – especially for your 4th of July celebration. We have collected a number of great ice cream recipes over the years, from friends and family, and you can find them at [Moorecipes.com](http://Moorecipes.com).*

*Get creative! Start with the base, then try adding different flavors. We have given you a couple of examples and tips below.*

## Ice Cream Base

*Plan to make this ahead of your celebration to allow time for freezing.*

- 1 cup Longmont Dairy Whipping Cream
- 3 cups Longmont Dairy Half and Half
- 8 Egg-land's Best Egg yolks (Egg whites can be frozen for later use.)
- 1 cup white sugar
- 1/8 teaspoon salt

In a heavy saucepan, mix the cream, half-and-half, egg yolks, sugar, and salt. Heat over medium-low heat, stirring constantly with a silicone spatula, until the mixture starts to steam and thickens. Do not boil. Test by coating the back of a spoon. Remove from heat and add flavors (see below).

Cool the ice cream base in a bowl, cover and refrigerate overnight. The next day, pour into an ice cream maker, and freeze according to the manufacturer's directions. Remove the ice cream, pack in a covered container, and freeze for 2 hours or overnight before serving.

## Flavors and Tips

**Vanilla:** Add 2 tablespoons vanilla extract when base is cooling.

**Chocolate:** Add 1/2 cup cocoa powder (Dutch processed preferred) to the ingredients of the base before cooking. Add 1 tablespoon vanilla extract after you remove the base to cool.

**Fruits:** Clean and puree fruit (strawberries, bananas, peaches) to equal 1 cup. Add 1 tablespoon lemon juice and stir. Chill 2 hours. Combine with base just prior to freezing in the ice cream maker.

**For softer ice cream:** add 2 tablespoons of alcohol. Try Kalhua or crème de cacao for chocolate, kirsch for fruits, or vodka.

## Bread of the Month:

## White Chocolate Raspberry

The bread of the month for July is white chocolate raspberry bread. Great for breakfast or top with ice cream for a quick and delicious dessert.

## Save on Sliced Cheese!

Save 50¢ when ordered for delivery in July. Great on hamburgers! Try Sliced Medium Cheddar, Sharp Cheddar, or Colby Jack Cheese from Tillamook.

## Beef Lasagna Bowl

This skillet meal gets dinner on the table quickly. The kit includes a flavor-packed beef marinara sauce, pasta, roasted red peppers and a four-cheese ricotta blend. Just combine and heat!



## Georgia Boys BBQ

Straight from the heart of Dixie, enjoy the southern-mild, tangy taste of Georgia Boys BBQ. Try Original, or Sweet Heat BBQ Sauces, and their delicious Pulled Pork.

## New! Mac & Cheese Meals by Georgia Boys!

Easy & Cheesy! Great for lunch, or a picnic side dish! For details, visit [Longmontdairy.com/products](http://Longmontdairy.com/products).

## Remember - Lemonade & Tea!

It's quenching after a hot day of celebrations!

