



LONGMONT DAIRY FARM INC.

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Longmont Dairy Farm, Inc.

MOOO NEWS



MARCH

Spring Forward!

Hey Kids! Enter the 28th Annual Poetry Contest!

Write a poem about “My Milk: From Cow to Cup!”

Enter for a chance to win prizes.

Longmont Dairy Milk is delicious, but did you ever think about what happens before you drink it? How does it get from the cow to your cup, or cake, or cereal bowl? Use your imagination, be creative, and let us know!

Limit the Length: Please limit the length of your poem to 120 words or less. If you are inspired to keep writing, just write a new poem to submit. Enter as many times as you wish.

Prizes: Prizes will be awarded by grade divisions. 1st place \$60; 2nd place \$40; 3rd place \$20.

Deadline: Entries must be received by midnight on Sunday, March 13, 2022.

Send your poems by email to customerservice@longmontdairy.com or mail them before Thursday, March 10, to Longmont Dairy, 920 Coffman Street, Longmont, CO 80501. Include your name, grade, school, home address, and phone number.

Contest Rules

The contest is open to current Longmont Dairy customers and will be divided by grade divisions: K-2nd Grade, 3-5th Grade, 6-8th Grade, and 9-12th Grade.

- Contestants may enter as many times as they want. Limit the length of the poem to less than 120 words. Each submission must include contestant's name, grade, school, home address, and phone number.
- Each winner will have their poems published in the May Moo News with their name, school, and grade. Poems published on our website will include poet's first name, school and grade. All poems that do not win a prize may be posted on our website at our discretion.
- Poem submissions become the property of Longmont Dairy Farm, Inc. Entry of a poem gives your consent to contest rules.

Dear Friends

Have you discovered your “New Normal” yet? One of many new phrases we have been using for the past 2 years. Honestly, in my life there was never really an “Old Normal.” Certainly, I have many things that I do in a habitual way; comforts that are taken for granted, for sure. Like the availability of full grocery store shelves, going out to eat whenever or wherever I choose, etc.

Maybe “New Normal” should be gratitude for the things I have always taken for granted. For instance, I appreciate fresh milk coming to my doorstep every week. I am looking forward to spring, whether it is warm or cool, snowy or dry. I am grateful for family members who have recovered from Covid (I have never thought too much about recovery from a cold)!

As springtime approaches, I hope to have a greater appreciation of the things that are good and normal in my life. I look forward to reading the poems you write for the Poetry Contest while I enjoy a glass of Vanilla Mint Milk.

We hope you find your “New Normal” with this new season!

Take care till next time,

Susan

MOOO RECIPES

Chunky Creamy Chicken Soup

*A fast, nutritious slow cooker meal with minimal cleanup and prep time.
Makes 7 servings.*

- 1½ lbs. boneless skinless chicken breasts, cut into 2-inch strips
- 2 tsp. canola oil
- ¾ c. finely chopped onion
- 2 medium carrots, chopped
- 2 celery ribs, chopped
- 1 c. frozen corn
- 2 cans (10¾ oz. each) condensed cream of potato soup, undiluted
- 1½ c. chicken broth
- 1 tsp. dill weed
- 1 c. frozen peas
- ½ c. Longmont Dairy Half & Half



In a large skillet over medium-high heat, brown chicken in oil. Transfer to a 5-qt. slow cooker; add the onion, carrots, celery and corn.

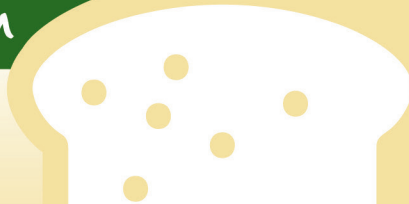
In a large bowl, whisk the soup, broth and dill until blended; stir into slow cooker. Cover and cook on low until chicken and vegetables are tender, about 4 hours.

Stir in peas and cream. Cover and cook until heated through, about 30 minutes longer.

Mooo News, March 2022

Bread of the Month

March:
Snickerdoodle



Vanilla Mint Milk is Back!

Available while supplies last!

If you have not yet tried our Vanilla Mint Milk, now is the time! Made from 2% milk, it is rich and creamy with just the right combination of sweetness and fresh flavors. Delivered only in March and April. Quart bottles are \$2.99.



Have Some OJ!

Our Orange Juice is from the highest quality 100% pure Florida oranges. It is reconstituted for freshness, bottled in half gallon and quart glass bottles and delivered cold and ready to drink. Add it to your order for an extra dose of Vitamin C!



50¢ off Creamers

Made with Longmont Dairy cream, milk, sugar, and natural flavors.

Try Hazelnut or French Vanilla Creamer for a creamy coffee treat!

Sale price available only for deliveries in March.

