



LONGMONT DAIRY
DELIVERY

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MOOOO NEWS

Longmont Dairy Farm, Inc. (303) 776-8466 www.LongmontDairy.com 920 Coffman, Longmont, Colorado 80501



Over Thirteen Million Caps Collected!

The Longmont Dairy Milk Caps for Moooola program donations to local schools have exceeded \$650,000. Creekside Elementary School, in Boulder, turned in the 13 millionth cap in June.

Through Milk Caps for Moooola, a school fundraiser program, the dairy donates five cents for each milk bottle cap collected by students at participating schools. Schools may use the funds to benefit their students any way they choose. Most schools use their "Moooola" for field trips, sports or playground equipment, art supplies, and iPads. One school bought a parachute for P.E. classes.

Longmont Dairy started the Milk Caps for Moooola program over ten years ago. The program is now used by over 450 schools for much-needed funding of kids' programs.

For more information on the program, visit LongmontDairy.com/milk-caps-for-moooola.

Go Gold® for Childhood Cancer This Month

Join us in supporting those affected by childhood cancer! For each bottle of gold-capped Longmont Dairy Regular Lemonade delivered during the month of September, we will donate 50¢ to Children's Hospital Colorado's Center for Cancer and Blood Disorders.

SEPTEMBER

Fall Is in the Air!



Dear Friends,

It was exciting when Gary Schlager, our long-term employee that runs the Milk Caps for Moooola program, came into my office a couple of months ago to let me know that we had received the 13 millionth cap from one of the participating schools. It seems that we are cruising past the million markers much more quickly these days! I'm so happy that the program has grown as much as it has and that the schools have continued to embrace it as a way to raise additional funds.

To make an even bigger impact, I kindly ask parents whose schools participate to promote the program in newsletters and other channels. Please also encourage friends and neighbors to contribute caps to support our schools and community.

Thank you for supporting Longmont Dairy and for your continued involvement in the Milk Caps for Moooola program. We are proud to partner with local schools to give back to our community!

Take care,

Katie



Benefiting
Children's Hospital Colorado



www.LongmontDairy.com



MOOO RECIPES



The aromatic spices and flavor of this Indian-inspired creamy chicken curry dish are a delight to the senses! It is delicious with fresh naan and basmati rice. Serves 4.



Plant-Based Milk Products

Milk is a good source of many important nutrients, but not everyone is able to digest dairy. Califia Farms offers several tasty alternatives, including **Go Coconuts Coconut Milk**, which is new to the Longmont Dairy lineup. Rich coconut milk and refreshing coconut water make for a smooth and creamy plant milk blend that is light and subtly sweet, with no added sugar.

Good in recipes or coffee, choose any of the Califia Farms plant-based milks we offer: Barista Blends Almondmilk, Unsweetened Vanilla Almondmilk, Unsweetened Almondmilk, Toasted Coconut Almondmilk, Gluten Free Oatmilk, and now Go Coconuts Coconut Milk.

Indian Chicken Curry

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|-------------------------|--|
| 1 small onion, chopped | 1/2 tsp. white sugar |
| 3 Tbsp. olive oil | 1/2 tsp. grated fresh ginger root |
| 2 cloves garlic, minced | salt to taste |
| 3 Tbsp. curry powder | 2 chicken breast halves, cut into bite-size pieces |
| 1 tsp. cinnamon | 1 Tbsp. tomato paste |
| 1 tsp. paprika | 1 c. plain yogurt |
| 1 bay leaf | 1/2 lemon, juiced |
| | 3/4 c. Califia coconut milk |
| | 1/2 tsp. cayenne pepper |

In a skillet over medium heat, sauté onion in olive oil. Stir in garlic, curry powder, cinnamon, paprika, bay leaf, sugar, ginger, and salt. Continue stirring 2 minutes. Add chicken, tomato paste, yogurt, and coconut milk. Bring to a boil, reduce heat, and simmer 20-25 minutes. Remove bay leaf, and stir in lemon juice and cayenne pepper. Simmer 5 minutes more.



Clip and file in your recipe collection!
Use this QR code to find the recipe online.



Back for the Season!

So many great ways to savor the flavors of fall! Available for a limited time.

- Classic or Pumpkin Spice Eggnog
- Orange Cream Milk
- Silver Canyon Pumpkin Harvest Blend Coffee
- Pumpkin Noosa Yoghurt
- Mary's Mountain Pumpkin Chocolate Chip Cookie Dough
- Talbott's Apple Cider (Coming soon!)



SEPTEMBER—PRODUCTS OF THE MONTH

Bread

Zucchini

Prefare Meal

Mediterranean Chicken Skillet

Rome's Sausage

Meatballs

