

MAY

Happy Mother's Day!



DAIRY FARM INC.

VOL. 22, NO. 5
May 2014

MOON NEWS

920 Coffman, Longmont, Colorado 80501

www.LongmontDairy.com

(303) 776-8466

Longmont Dairy Farm, Inc.

"Life on a Dairy Farm"

was one of our poetry contest themes this year. Farm life has certainly changed from the 1860s, when about 90% of Americans lived and worked on a farm, to 2014 when about 2% work on farms.

Our family feels fortunate to be dairy farmers and we are committed to providing the highest quality, locally produced milk.

*Congratulations,
poetry contest winners!*

Elementary School

K-2nd Grade

1st Prize

Landen R., 2nd Grade
Thunder Valley K-8, Frederick

Life on a Dairy Farm

If I had a dairy farm,
I would have a big red barn.
It would have a big white cow,
and a pretty little sow.
I would paint my tractor green,
and make my brother keep it clean.
I would like to grow some corn,
and harvest it in the morn.
I would ask God to bless my farm,
and keep my family safe from harm.

2nd Prize

Parker G., 1st Grade
Home School, Westminster

My Favorite Type of Cookie

My favorite type of cookie
are Mommy's ginger balls.
When I see one I say "Lookie!"
and in my mouth it falls.
My mom said "One is enough, son!"
But I wanted 25!
and shot her with my Nerf gun
and ate them before she revived!

Dear Friends,

We always love reading the variety of ways you express your poetic ideas. Please enjoy reading your winning entries here in MoonNews and online at Moonnews.com.

We also wanted to share the news of Reese Boatman passing away on February 22, 2014 in Casa Grande, Arizona. He,

his wife Betty and family were original partners in the founding of Longmont Dairy Farm in 1965. In addition to being astute business people,



Reese and Betty brought the combination of grit and tenderness necessary to grow a fledgling enterprise. Without them, there would be no Longmont Dairy. Our sympathy and respect and thanks goes out to their family and friends.

Take care 'til next time,

Susan and David



CONGRATULATIONS, POETRY CONTEST WINNERS!

"Life on a Dairy Farm" & "Your Favorite Cookies and Milk"



Elementary School (continued from front page)

K-2nd Grade

3rd Prize

Lucy T., 2nd Grade
Black Rock Elementary, Erie

Cookies Are Ready!

Cookies are ready!
Steam from the cookies
all soft and free,
Sweet melting chocolate.
The milk is as cold as can be
The soft dairy and sweetness
The whole world
dipping cookies!

3rd-5th Grade

1st Prize

Tawney M., 5th Grade
Fairmount Elementary, Golden

My Dairy Farm

The bright sun has risen
and the roosters are crowing
They tell me it's time
to wake up and get going.

My horses are waiting
to hear my voice
They nuzzle my hand,
making it moist.

I go to my crops
and water them well
As I see my flowers
are looking swell.

The cows in the field
are eating the grass
I wave my hand
to the neighbors who pass.

My pigs are rolling around
in the brown mud
As cows are being milked
by my partner, Bud.

The sun starts to melt
behind the huge stack of hay.
The whole entire farm
is done for the day!

2nd Prize

Hayley R., 3rd Grade
Twin Peaks Charter Academy,
Longmont

Living on a Farm

Through cold winters' snow
and bright sunny days,
you can hear the rooster's crow
from miles away.

Then as you wake up
and look at the bright rising sun,
you know that there
are chores to be done.

So you throw on some clothes,
head out the door,
get in your truck,
and go to the store.

After that you look at your list
that said to get a few things:
it said we needed
to pick up some greens,
a few tiny beans,
some hay for your horse
and your cows of course,
some chicken feed
and some food
for your pigs of greed.

So with all your ingredients
you ride on back
with all your stuff
in a pack.

And once you get home
you finished your chores
by collecting the eggs
as the chickens lay
and milking the cows
as they eat up their hay,
and watch as the horses play.

After that when you eat a snack
you give your leftovers to the pigs.
Then when you look at the sky
you notice that it's dark
and that a pig is nibbling the bark
when you say goodnight
and you walk away.

3rd Prize

Pilar C., 5th Grade
Dupont Elementary, Commerce City

Milk and Cookies

I get myself some milk and cookies.

I sit down and I start to drink
and eat my milk and cookies.

When I'm done eating
and drinking my milk and cookies.

I go to sleep
and dream of milk and cookies!

6th-8th Grade

1st Prize

Dobhran W., 7th Grade
Bell Middle School, Golden

My Treasure, My Pleasure: Thin Mints and Milk

I'm a pirate dipping into
a silky sea of milk
chocolateering aboard a ship
of tasty mint
in search of riches sweet.
I sail across the Longmont Seas
to find delightful goodies.
Hitting a beach of white sand,
I seek awhile more
and come across a cavern
as dark as cocoa.
Inside, brown crumbling jewels
smelling of mint
mix well with liquid pearls
to create an ambrosial snack.
Thin Mints and LDF milk
are my treasures.

2nd Prize

Morgan R., 6th Grade
Twin Peaks Charter
Academy, Longmont

Life on a Dairy Farm
We wake at dawn,
By Rooster's crow,
He crows for the sun,
coming slow.

In the shadows long,
We make our way,
To milk the cows,
that in the barn stay.

We bring back the milk,
To make butter form,
In a cozy house,
nice and warm.

Our clock is ticking,
Its pendulum swings,
We select our items,
and pack our things.

We catch our horse,
A beauty of gray,
We load up our cart,
and we drive away.

We find our stand,
In the market square,
We take out our goods,
all the milk we can spare.

Next, we go home,
In freezing cold snow,
The powdered ice on the trees,
it continues to grow.

The sun soon sets,
A fiery glaze,
The darkness falls,
dark covers the hay.

3rd Prize

Ayla D., 6th Grade
Louisville Middle School, Louisville

A Day on the Farm
Cock-a-doodle-doo!
The rooster crows.
I'm up already
though the sun is low.

Braid my hair, I'm off to feed
The cows their hay
and the chickens their seed.

Scatter the seed
The chickens attack
Gather eggs by the dozen
Before they come back.

Creamy white liquid
squirts into the pail
Moo! Lows the cow
as she flicks her tail.

I water the crop
after a quick meal
I've got a lot to water
in this very large field.

With chores done for now
I'm free for the day.
I gather my siblings
And together we play.

Breathlessly we race
Eagerly we run
Happily we chase
Until we can't see the sun.

Then back to work I go
Feed the cows their hay,
Before it's time to go in
For the day.

Leave the warm fire
Get up off the ground
Curl up in bed
Rocked to sleep by animal sounds.

Oink, bah, neigh, moo!
Quack and cock-a-doodle-doo!
And though the day is over
I know tomorrow will be
something new.

High School

9th-12th Grade

1st Prize

Hannah R., 10th Grade
Home School, Westminster

If I Lived on a Farm
If I lived on a farm
It would probably do no real harm
Chasing after pigs and hens
Keeping horses and
cows in their pens
Working the plows
Milking the dairy cows
Planting the seeds
And attending to everyone's needs
Waking to the rooster's crow
Lying down while the moon
comes up slow

Eating only what I reaped
And hearing the little chicks peep
Harvesting the hay
While hearing the horses neigh
Feeding the pigs
And watching my dog as he digs
So I guess then that living life
on a farm
Really does do no real harm!

2nd Prize

Milla E., 9th Grade
Eaglecrest High School, Centennial

A Dip into Milk

The light color drops
Into even lighter cream
A sugar cookie

A Cookie

Rich flavor crunches
It spreads, melting in my mouth
Better still with milk

Sunset

Cool, gentle light falls
On crops while animals doze
And then it grows dark

Cacophony

The animals call
Moo, cluck, baa, bark, scratch,
meow, neigh
Cock-a-doodle-doo

3rd Prize

Jeremiah P., 10th Grade
Chaparral High School, Parker

Cookies and Milk

Milk and cookies,
Such a wonderful delight.
If only I could eat them
both day and night!

Only a rookie
Would drop his cookie.
But instead...
He dunks the chip,
Licks his lip,
And drinks the rest away!

Savory and sweet,
A tasty treat,
Milk and cookies have come to stay.

Adult

1st Prize

Leane Sprenger, Arvada

If I Were Made of Gingerbread
If I were made of gingerbread,
What fun it'd surely be
To dive into a pool of milk
And soak in luxury.

Cool, creamy and delicious,
That pool of snowy white.
At first I'd dip my spicy feet,
And shiver with delight!

Then ease my body down in it,
I'd let my torso sink
Into that yummy liquid,
And pause to take a drink.

Next, arms and neck—
I hold my breath
My head is next to go.
Into the milk, my face is thrust
No more of me can show.

Oh no! I fear I've stayed too long!
My mouth can only mumble.
For as they say, in life you know
"That's how the cookie crumbles!"

2nd Prize

Barbara Gehring, Westminster

Farmers Wife

Wake early see the sun rise
turn the wheat to gold
Riches at my fingertips
In my heart I hold
The secrets of this life I live
magic from dusk to dawn
Plow, plant, harvest, repeat
Our stories will live on
My girl, sweet friend
I milk her every morn
My daily confidant
since the day she was born
Through hail, drought or dust storm
she produces at my touch
She gives me liquid gold
and never asks for much
And as the sun sets
and my aches run through me deep
I know the secret of the life I live
is I am rich beyond belief.

3rd Prize

Kirstin Sayer, Littleton

The Farmstyle Life

There once was a quaint, little farm,
With fields and cows and a barn.
Wheat grew tall on the plains;
Fresh milk flowed like the rains.
All who were there
were safe and warm.

Life was simple, the work was hard,
Wholesome food
and milk the reward.
An honest day's labor
All could relish and savor,
Animals and people in accord.

MOOO RECIPES

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Mother's Day French Toast

An easy recipe for kids to help make breakfast.

- 6 slices bread (thick bread is best)
- 2 eggs
- 2/3 cup of Longmont Dairy milk
- 1/2 teaspoon cinnamon
- 1/4 teaspoon nutmeg (ground)
- 1 teaspoon vanilla extract
- A pinch of salt
- Fresh fruit for topping (blueberries, strawberries, bananas) washed, drained and sliced
- Butter and maple syrup

Beat the eggs until mixed. Add the milk, desired spices, salt and vanilla.

Heat a lightly oiled griddle or skillet on medium heat.

Dunk each slice of bread in egg mixture, soaking both sides. Place in pan, and cook on both sides until golden. Serve hot topped, as desired, with butter, fruit and syrup.

*Adapted from Allrecipes.com
Mooo News, May 2014*

Simple Yoghurt Breakfast

- Noosa yoghurt (lemon flavor works well).
- Graham crackers
- Fruit

Serve Noosa into a bowl. Crumble one or two graham crackers onto Noosa. Add sliced fruit.

*Suggested by Longmont Dairy Delivery Driver Ben Sarsfield
Mooo News, May 2014*



Prices effective May 1, 2014

Whole Milk 1/2 Gallon - \$2.94 1 Quart - \$2.28	Grassland Spreadable Butter* 8 oz. - \$2.95
Reduced Fat Milk - 2% 1/2 Gallon - \$2.94 1 Quart - \$2.28	Daisy Cottage Cheese 24 oz. - \$5.69
Low Fat Milk - 1% 1/2 Gallon - \$2.94 1 Quart - \$2.28	Daisy Sour Cream* 16 oz. - \$3.69
Fat Free Milk - Skim 1/2 Gallon - \$2.94 1 Quart - \$2.28	Tillamook Block Cheese 16 oz. - \$6.99
Half and Half 1 Quart - \$3.44 1 Pint - \$2.39	Tillamook Shredded Cheese* 8 oz. - \$4.09
Whipping Cream 1 Quart - \$5.79 1 Pint - \$3.54	Tillamook Sliced Cheese* 8 oz. - \$4.09
Chocolate Milk (2%) 1 Quart - \$2.49 4-Pack - \$7.69	Tillamook Tilla-Moos Pack-it-Pals* 10 - 3/4 oz. servings. - \$4.86
Strawberry Milk (2%) 1 Quart - \$2.28	Egg-Land's Best Eggs <i>Locally Grown</i> AA Large Brown Cage Free 1 Dozen - \$4.20 AA Large White 1 Dozen - \$3.05
Orange Juice 1/2 Gallon - \$3.90 1 Quart - \$2.54	Noosa Yoghurt* <i>Plain, Blueberry, Peach, Strawberry Rhubarb, Mango, Raspberry, Honey, Lemon, Tart Cherry, Passion Fruit</i> Purchase Individually: 8 oz. - \$2.89 SAVE! Order 6 or more: 8 oz. - \$2.49 each
Talbot's Apple Juice 1/2 Gallon - \$4.21	Metal Porch Boxes \$57.50 - optional
Lemonade and Raspberry Lemonade 1/2 Gallon - \$2.99	
Country Cream Butter 1 lb. - \$4.99	

* These products must be preordered.

Quantity Discounts apply to purchases of 20 or more 1/2 gallon bottles of milk per month (if there is no previous balance on your account).

Weekly Minimum Delivery: 3 items.

Delivery Charge - \$1.00 (per delivery)

Lemonade Returns May 1st

Enjoy both Raspberry and Regular Flavors

Less Sugar - 20% less sugar than most recipes
No Corn Syrup • More Flavor

Order our delicious and refreshing lemonade for only \$2.99 per half gallon.

