



25th Annual Poetry Contest Winners Announced!

Congratulations to our prize-winning poets who wrote about "The Leprechaun and the Cow" and really did find "some gold at the end of the rainbow" in the form of cash prizes. It's fun to see the hard work put into these poems and the amazing creativity. One of our customers even hand-delivered a book written and illustrated by their 2nd grader, Aisley N.

Dear Friends,

One thing you asked for (in the customer survey) was to be able to modify your orders more than 4 weeks in advance. Good News! You can now customize your orders up to 6 weeks in advance. I'll be sharing additional enhancements and FAQ's in upcoming newsletters. We appreciate your feedback!

I also want to say Happy Mother's Day to all the wonderful Moms out there. Whether you are a Mother to your biological or adopted children, stepchildren, animals, or you are an awesome mentor to a child – this day is to celebrate you!

I know that being a Mom is my greatest blessing.

Take care,

We enjoyed reading so many wonderful poems that it was hard to select our winners. We hope you readers will have fun reading the winning poems in this issue, and also read the Honorable Mentions' poetry online at https://longmontdairy.com/poetry-contest.

Our Farm-Fresh Lemonade is made with 20% Less Sugar!

On Sale in May for just \$2.99 per half gallon.

Makes a great 3rd item for your order.

Longmont Dairy Farm Raspberry and Original Lemonades are made with pure lemon juice, 20% less sugar, and no corn syrup!

Regular price is \$3.39. Only \$2.99 when ordered for delivery between May 1 and May 31, 2019.



CONGRATULATIONS, 25TH ANNUAL POETRY CONTREST WINNERS! "The Leprechaun and the Con"

Elementary and Middle School

K-2nd Grade

1st Prize

Aaliyah N., 2nd Grade Altitude Elementary School, Aurora

Once there was a baby Leprechaun

The Leprechaun and the Cow

Who always thought that he was Jackie "Chaun" It was early dawn, And he saw a cow in his lawn He asked the cow to move But the cow said Moo-Moo The Leprechaun said he knew Karate And the cow said he knew Cow-rate And they started to fight In the middle they stopped for a biscotti oatmeal bite Suddenly everything looked right They played and laughed

2nd Prize

Piper D., 1st Grade

Covote Hills Elementary School, Aurora

Someone w ho starts with Lepra and ends with chaun and always sings a summer song Into a forest comes a cow How finding the forest, no matter how Searching for a pot of gold Suddenly the cow starts to grow old Oh no! The gold is starting to grow mold Holding a sack of gold with mold Gold with mold is very bad and bad is very mad and mad will make it very bad The gold is getting very mold And the mold is getting very old and the gold is getting very crusty and the crusty is getting very rusty

3rd Prize

Isla B., 2nd Grade Home schooled, Boulder

One day a leprechaun was walking on a path, when suddenly he stopped and said, "I'll blast!" It was a miss moo cow then and there, giving milk for the leprechaun's care.

He filled himself a cup of milk creamy white And said, "This will help me sleep through the night!" But the next morning he awoke to a surprise; Staring back in the mirror were big cow eyes!

His legs were cow-like and so were his feet. He drummed and drummed to the beat. He grumbled "Now I am a leprecow!?" Leprecow went down the path, saying, "WOW!"

3rd-5th Grade

1st Prize

Kayleen B., 4th Grade Hunters Glen Elementary School, Thornton

A cow graze in a field of hav She thought, "today will be a fine day" So, she looked at the sun Sang a little hum And went on her merry little way. Suddenly the sky began to darken And the clouds began a sparkin The sky opened up and the rain came down And the little cow put on a frown Soon the storm had cleared And then a rainbow appeared She saw something bright And thought, "what a light". Then saw what it was as she neared And made sure all the oatmeal biscottis were stocked "a leprechaun" she squeaked And around the rainbow she peaked. As he counted his pot of gold in his arms She looked in his eyes and saw a charm He said, "don't be afraid, I will do you no harm!" And together they walked back to Longmont Dairy Farm

2nd Prize

Seneca G., 3rd Grade Home schooled, Boulder

Trouble With Larry The Leprechaun

Carrie the cow was munching on a clover, then Larry the Leprechaun rushed on over.

"Be careful" he said, my gold is there. Carrie looked at him and said "I don't care".

She stuck out her tongue and made a sour face. then Larry the Leprechaun said "fine, I'll challenge you to a race".

"Whoever wins will get my gold" then Carrie said "but you're too old."

now they got ready to go, and all of a sudden they heard a big "No!"

That gold is precious, it's been here for years, it brings so many people there's a whole lot of cheers.

> So Larry and Carrie looked at one another in the eyes and decided to make a compromise.

Larry and Carrie became great friends, and that is where this story ends.

3rd Prize

Lena G., 5th Grade Louisville Elementary School, Louisville

Mardy the leprechaun was a trickster they say, He played at least lots of tricks every day. He'd play them on dogs, He'd play them on cats, He'd play them on rabbits, He'd play them on bats. But, he got bored, and he got tired, He didn't find joy in what he'd admired. He wanted adventure, he wanted some fun, So he went to the field, filled With green, and with sun, So he found him some cows, And chose just one. He snuck quietly in, To not make them run. This one was tall, this one was thin. This one wore a big happy grin. and stared large eyed

When she saw him, she stopped eating her grass, She was amazed at what she had spied.

"A leprechaun!" Dandelion had thought, "Remind me again what happens when they are caught?"

Once she remembered, she sat right down you see. "I want hoof polish, Lullabies, and a pony!"

"Who said anything about three wishes? You haven't caught me quite yet"

"what va' plannin'? A trick to net?" "NO "said Dandelion,

She dashed, she swerved, He ran he curved,

She jumped, he ducked.

Then everything was dark. He woke up in a barn, In a stall feeling queasy,

He thought, "That must have been easy." Soon an evil smile crossed his face,

"Hey I bet I could beat you in a race," "A race you say."

Dandelion said.

She handed him a cap colored bright red, "Longmont dairy," Mardy read.

"Never mind the race," he said.

"I'll have some of that delicious milk instead."

6th-8th Grade

1st Prize

Luke M., 8th Grade Home schooled, Aurora

The Leprechaun and the Cow

There once was a cow named Jill, who lived on top of a hill. As she walked along, humming a song, she saw something next to the mill. With glee she said, "Oohh!" for there, under a rainbow, shining so bold, was a pot of gold, oh, how bright it did glow!

She merrily skipped through the grass, the sky was clear as glass,

but little she knew, that inside a shoe,

a leprechaun watched her pass! The leprechaun watched in

disarm, that slowly turned to alarm. Would she steal his gold? Then he looked cross the wold. and gazed at her owner's barn.

Suddenly the farmer called, "Jill!"

and Jill went back up the hill. But no one was there. and into thin air. he escaped with the gold by

2nd Prize

the mill!

Andrew W., 8th Grade American Academy -Motsenbocker, Parker

Lucas the Leprechaun

Leprechaun Lucas was Simply thirsty one day He wanted a drink That was really gourmet

So he made friends With a cow named Lula I heard that they collect Milk caps for moola

Lucas loves the milk That comes from Longmont Both Larry and Lula think That it's something to flaunt

3rd Prize

Maya C., 7th Grade Summit Middle School, Boulder

The Green Cow

There once was a cow who turned green They thought something was wrong with her spleen But as it turned out, There was no need to pout For it was a leprechaun's trick to be mean.

9th-12th Grade

High School

1st Prize

Liam J., 9th Grade Centaurus High School, Lafayette

Down on the pasture, during a sunny day,

The calf wandered off to go and play, When she came upon a little

grass house, A figure emerged who was the size of a mouse.

She realized it must be a Leprechaun Who just then stepped onto the lawn.

He looked up at the calf in pure terror and just then the calf realized

her error. The calf said "Sorry, I am just

here to roam" "I didn't mean to scare you out

of your home." The Leprechaun breathed a sigh of relief

glad that the cow wasn't a thief.

The Leprechaun said "As per tradition,"

"three wishes you'll get, to improve your condition." The surprised calf felt her knees go weak,

and at first was too shocked to speak.

The cow replied "My first wish today"

"Is for a big pile of grass and hav." Just then she heard the caw of

a crow and a huge pile of grass began

"For my second wish, I want nothing more"

to grow.

"Than a big field for me to explore"

Suddenly, the farmland began to expand Until she could no longer see the end of the land.

For her third wish, she didn't know what to do. She had everything she wanted, that was true.

But the Leprechaun's house was very run down

frown. "For my third wish, I'll give you an

expansion" "To turn your house into a great mansion" and at this wish, the Leprechaun filled

with joy, while the mansion grew, he was one happy boy.

As the calf walked back toward the mountain of hav,

she reflected on all that had happened today.

But she most remembered the Leprechaun's happy smile and all was good, for a very long while.

2nd Prize

Emily B., 10th Grade Home schooled, Arvada

The Charmed Cow

A farmer stands in empty field. His heart despairs. The cow won't yield A single drop of milk for him; And in that case, his life is grim. He has no other ox or goat. So with a sigh, he pats her coat. The cow goes out and wanders there Among the broken boulders bare.

From leafy woods there hops a man, He's very short and slightly tan. His beard is long, his watch chain thick. His clothes are green. He twirls a stick. He whistles out a merry tune. He struts along and very soon He hears a sound, a distant moo. He starts to dance and leap anew.

He finds the cow and brings his cup, Just hoping he can fill it up. But no milk comes, despite his glee. And then he counts, "a-one, two, three". He taps his cane upon the cow. The little man then takes a bow. He milks the cow and to his pleasure The cow gives milk beyond great measure.

The farmer looks upon the sight, As rainbow glimmers in the light. On crest of hill, his good cow stands At end of brightest rainbow grand. The farmer comes to get his cow, And finds some footprints leading down. A vale of mist floats all around, Now brushing footprints from the ground.

The leprechaun, all dressed in green, He skips and hops into the sheen. and she just noticed the Leprechaun's sad The lonely farmer milks his cow. And hollers an excited, "Wow!" The milk is bright and fair as gold. It seems to shine like lanterns bold. It tastes as sweet as clover honey, And folks implore and offer money.

> A cow once all devoid of milk, Now worth far more than finest silk. A farmer caught in misery, Now o'erwhelmed with constant glee. A leprechaun in dreadful thirst Charmed a cow, and fate reversed.

3rd Prize

Nathan P., 10th Grade Monarch High School, Louisville

The fields speckled green, with nothing to be seen

Until something usually unseen appeared to also be dressed in green

I mooed and I mooed but it turns out the little green man just wouldn't move He had put me in a mood, so I turned around to find some good food

I shuffled and I sighed, my black and white spots I was sure could be seen from the skies

I felt as if life was full of a bunch of lies I then looked down and in front of my eyes, laid a pot full of a sight for sore eves

It was a pot of milk caps, a sure to be prank, and my mood just continued to sink

I knew he wasn't nice

Just from the start he seemed a particular greedy mouse

He ran away in the distance with the gold, and everything seemed to unfold

I rallied my cow friends, for the end wouldn't be near, and we all ran as fast as a deer

Sooner or later the Leprechaun was circled

He had no choice but to give up the prize he most desperately seized

And we made a treaty Where we would let him be Where we gave him our milk And all our prizes he would leave





Mother's Day Fruit Parfait

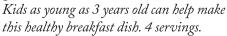
Fun for the kids to make. Can be stored overnight, covered, in the refrigerator. 4 servings.

- 4 clear parfait glasses or 6 oz. clear plastic glasses
- Mom's favorite fruit. (A tub of blueberries is easy to wash and doesn't require cutting. If a grown-up helps, they could cut strawberries, bananas, or other favorite fruits.)
- 1 tub (24 oz.) Noosa Vanilla Yoghurt
- (Optional) Granola 4 Pack by Enjoy Biscotti 1 of the 4 packs for topping.

Have the kids layer fruit between layers of yogurt. End with yogurt on top. Keep chilled. Sprinkle with granola just before serving. Makes a pretty dessert for any Mother's Day meal.

Mooo News, May 2019

Easy Cheesy Eggs and Toast



4 ramekins, clean scissors, cookie sheet

- 8 small spinach leaves
- 1 large piece of ham
- 8 cherry tomatoes
- 4 Eggland's Best Eggs
- 1 8 oz. package Tillamook Colby Jack Shredded Cheese
- 4 slices of Whole Wheat Honey Bread Land O'Lakes Spreadable Butter

Have the grown-up helper preheat the oven to 350° F. Put a small dab of softened butter on a paper towel and rub the inside of each ramekin. Place on a foil lined cookie sheet.

With the scissors, cut the ham and spinach into short strips and place evenly into the ramekins. Put the 8 cherry tomatoes into a small bowl and squish with clean fingers. Pour tomatoes and juice evenly into each ramekin. Break one egg into the bowl and remove any shells with a spoon. Then gently pour the egg into one ramekin. Repeat for next three ramekins. Sprinkle shredded cheese evenly on top of each ramekin.

Have the grown-up put the cookie sheet with ramekins in the preheated oven and bake for 15 to 20 minutes until the egg white has set. Cool for about 5 minutes and place each ramekin on a plate. Just before serving, toast and butter the bread and add to the plate.

(Hint: Go to MoooRecipes.com to print out an enlarged copy of this recipe for the child to easily read and follow.)

New! Haystack Mountain Snowmass Raclette

Very limited quantities. Order now.

Inspired by the delicious melting cheese of the Alps, this raclette is made with

Chicory

Dream **Butters**:

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Milk is

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bottle!

Longmont Dairy cows' milk. With a savory flavor, it is wonderful melted on vegetable side dishes. 8 oz. wedge. See LongmontDairy.com for price.





Bread of the Month:

Banana Bread