



VOL. 32, NO. 10
October 2024

MOOO NEWS

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OCTOBER Trick-or-Treat!



Dear Friends,

One thing I really love about Colorado is that we have four seasons to look forward to. I'm sure we can all agree that October is one of the most beautiful months with the changing of the leaves and fall colors. The cooler temperatures are a nice relief too!

The pumpkin patches are another great benefit of living in Colorado. Although my kids are growing up and we are past all of the little kid activities, it's always fun to go pick out pumpkins and fall treats! My favorite pumpkin patches are Rocky Mountain Pumpkin Ranch in Longmont, Harvest Farm in Wellington, and Anderson Farms in Erie.

Enjoy the beginning of fall!

Katie

A Halloween Tradition

Like many traditions, the practice of trick-or-treating—setting off on Halloween night in costume to ring doorbells and demand treats—has been evolving around the world for more than a century.

According to History.com, the All Souls Day practice in England of receiving a pastry in exchange for the promise to pray for a deceased relative was gradually taken up by children who began asking for other food, or money, instead. Eventually, in Scotland and Ireland, young people began to dress in costume and rather than “pledging to pray for the dead, they would sing a song, recite a poem, tell a joke or perform another sort of ‘trick’ before collecting their treat, which typically consisted of fruit, nuts or coins.”

In the mid-19th century, large numbers of new immigrants helped popularize Halloween in the United States. After World War II, with the end of sugar rationing and at the height of the baby boom, trick-or-treating quickly became standard practice for millions of children in America's cities and newly built suburbs. Today it has become the nation's second-largest commercial holiday.



Partner with Us!

Help us support **Roberta's Legacy** and their work in the Longmont and St. Vrain Valley communities again this year. Their mission is to walk beside those diagnosed with breast cancer and their families by providing care, resources, and services through a network of legacy friends and partners.

During the month of October, we will donate 50¢ to Roberta's Legacy for each bottle of Strawberry Milk delivered. Add one to your order this month! Use this QR code to donate directly or find other ways to get involved.





MOOO RECIPES



This simple, refreshing, and delicious drink is a guaranteed crowd-pleaser for your Halloween party guests! After all, who doesn't love a few creepy-crawlers escaping from their cup?

Seasonal Eggnog!

Don't miss Longmont Dairy's seasonal **Pumpkin** and **Classic Eggnog**. Rich and creamy, it's great as a splash of flavor in your coffee, and a delicious treat for all of your Halloween party guests. Pumpkin is available through October and Classic through December, while supplies last.



Orange Cream Halloween Punch

2 quarts Longmont Dairy Orange Cream Milk
1 two-liter bottle orange soda

Longmont Dairy Whipping Cream, whipped, for garnish
Gummy worms, for garnish

Pour 2 quarts Orange Cream Milk and 2-liter bottle of orange soda into a large punch bowl and stir to combine. Serve in individual cups.

Garnish each serving with whipped cream to create a frothy top and gummy worms for a spooky touch.

Note: For best results, whip the cream with ¼ cup sugar and a teaspoon of vanilla.



Pumpkin Chocolate Chip Cookie Dough

Seasonal cookie dough flavors are back! Make some fresh Halloween treats and fill your kitchen with the aroma of fall without all the work. Bake fresh, yummy cookies with **Pumpkin Chocolate Chip Cookie Dough**. Sold in 3 lb. tubs.



Talbot's Cider Now Available!

Talbot's High Country Premium Apple Cider is fresh-pressed from a blend of apples grown in Palisade, Colorado. It's refreshing, zesty, and bold; a perfect treat to share with family and friends at your next seasonal gathering.



Clip and file in your recipe collection!
Use this QR code to find the recipe online.



OCTOBER—PRODUCTS OF THE MONTH

Bread

Cinnamon Caramel Apple

Prefare Meal

Beef Stroganoff

Rome's Sausage

Italian Sausage

