



VOL. 33, NO. 9
September 2025

MOOO NEWS

Longmont Dairy Farm, Inc. (303) 776-8466 www.LongmontDairy.com 920 Coffman, Longmont, Colorado 80501



SEPTEMBER

Seasons of Change

The Journey of the Plant That Grew With Us

Back in 1965, Longmont Dairy began with a simple goal: to bring fresh milk from our farm to local families. This month, Susan Boyd reflects on the early days and the milestones that brought us to where we are today.

Dear Friends,

In the summer of 1965, my father-in-law, Jim Boyd, teamed up with Karl Obluda and Reese Boatman to start Longmont Dairy. They each brought different strengths to the table—Jim focused on the dairy farm while Karl and Reese built the original bottling plant. At the time, the Boyd family moved into a house on the corner of 10th and Coffman Street, right next to the plant. They later moved out to the farm to be closer to the cows and the day-to-day work of the dairy.

When David and I purchased the business in 1987, the bottling plant was less than 1,000 square feet. We had two tanks, an old separator, about 3,000 customers, and just six delivery trucks. The building also included our office and a small retail store. Over the years, we made small improvements, including dock expansions in the 1990s and eventually moving our offices out of the plant in 2007, to make space for continued growth.

In 2018, after Katie and Dan purchased the business from us, we completed a major expansion to support the growing demand for new products like coffee creamers, fresh brewed tea, and cold brew coffee. We added tanks, conveyor systems, and more cooler space to support the work our plant team does each day.

Today, the plant has grown significantly to support tens of thousands of customers across the Front Range. As we look ahead, plans are in motion to expand our office and storage areas again—making room for more production and more efficiency. It has been a joy to be part of this journey and to watch how far we've come.

Take care,

Susan



MOOO RECIPES



With the rich flavors of coffee, creamy peanut butter, and sweet banana, this energizing drink is the perfect balance of indulgence and nutrition. Whip it up for breakfast or an afternoon pick-me-up.

Coffee Smoothie

1 ripe banana (frozen for extra creaminess)

½ c. Longmont Dairy Cold Brew

½ c. Longmont Dairy milk

2 Tbsp. peanut butter

2 tsp. honey

Blend banana, cold brew, milk, peanut butter, and honey on high for 30 seconds. Add a splash more milk if the consistency is too thick. Add more honey if desired. Replace the milk with Pro-to-Go for an extra boost of protein!

Pour into a glass, top with a pinch of cinnamon or vanilla extract (optional), and sip immediately!

Clip and file in your recipe collection!

Use this QR code to find the recipe online.



Fall Flavor Delivered!

A simple way to savor some seasonal goodness. Available for a limited time.

- Talbott's Apple Cider
- Classic or Pumpkin Spice Eggnog
- Orange Cream Milk
- Silver Canyon Pumpkin Harvest Blend Coffee
- Pumpkin Noosa Yogurt
- Mary's Mountain Pumpkin Chocolate Chip Cookie Dough



Protein and Age-Related Muscle Loss

- The loss of muscle strength can be surprising, as it can start as early as age 30 and increase with age.
- Studies have shown that higher protein intake is associated with greater muscle mass and lower risk of developing frailty in older adults.

SEPTEMBER—SEASONAL PRODUCTS

Sweets

BREAD IN THE BOX —Zucchini

MARY'S MOUNTAIN COOKIE DOUGH
Pumpkin Chocolate Chip

Meals/Soup

PREFARE—Beef Fajitas

GEORGIA BOYS BBQ SAUCES
Original, Sweet Heat,
& Carolina Vinegar

Meat

ROME'S SAUSAGE—Meatballs

CHARCUTNUVO SAUSAGES

Oskar Blues Beer Brat
& Pork Jalapeño Cheddar Brat

