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# MOOO NEWS

Longmont Dairy Farm, Inc. (303) 776-8466 www.LongmontDairy.com 920 Coffman, Longmont, Colorado 80501



# MAY

## Happy Mother's Day!



Dear Friends,

It's that time of year again when we announce our poetry winners. Watching this contest grow over the years has been truly impressive. It took a whole crew of us to read through all of your amazing poems.

We loved reading the letters and poetry, seeing so many handwritten notes, and sometimes even pictures to go along with them. We thoroughly enjoyed every poem and loved seeing your creativity.

Thank you to all of the kids and teens who participated!

Take Care,

*Katie*

## Congratulations, Poetry Contest Winners!

Thank you, poetry contest entrants, for the creative poetry we received about "Milky Way Dreams."

Poems were judged by age group and the winners from Kindergarten through 12th grade are included in this issue. These poems will also be posted online.

As always, it was hard to select winners! We enjoyed reading them and they all brought a smile to our faces. Remember to read the honorable mention poems online at [LongmontDairy.com/poetry-contest](http://LongmontDairy.com/poetry-contest).

## Farmers Markets are Back!

Support local farmers and vendors, and visit us at these locations this summer:

- **Arvada** 9am-1:30pm every Sunday beginning June 7
- **Berthoud** 7am-12:30pm every other Saturday beginning June 13
- **Boulder** 3:30pm-7:30pm every Wednesday beginning May 6
- **Erie** 5pm-8pm every Thursday beginning May 7
- **Green Valley Ranch** (Denver) 5pm-8pm every Wednesday beginning June 3
- **Longmont** 8am-1pm every Saturday beginning April 4
- **Louisville** 9am-1pm every Saturday beginning May 9
- **Lyons** 10am-1pm once a month beginning May 10
- **Orchards** (Westminster) 8:30am-2pm Sundays beginning June 7
- **Palisade Park** (Broomfield) 5pm-8:30pm every Thursday beginning June 4
- **Superior** 5pm-8pm once a month beginning May 20
- **Westminster** 9am-1:30pm every Saturday beginning June 6
- **People and Produce** (Denver) 9am-1pm every other Sunday beginning May 31
- **University Hills** (Denver) 9am-1pm every Saturday beginning May 9

For a more comprehensive list of the times and locations we will be attending some of the local farmers markets, visit: [LongmontDairy.com/farmersmarket](http://LongmontDairy.com/farmersmarket).



# CONGRATULATIONS, 32<sup>ND</sup> ANNUAL POETRY CONTEST WINNERS! "Milky Way Dreams" What would cows do if they went into space?

## K-2nd Grade

### 1st Place

**Dahlia T.**, 2nd Grade  
McKinley-Thatcher Elementary, Denver

#### The Exploring Cow

A cow travels into the Milky Way  
And suddenly says Hooray!  
She jumps over the moon  
Singing a tune  
About a floating balloon.  
She explores the planets  
And finds some hammocks  
Perfectly sitting on the moon.  
She called her friends at Longmont Dairy  
They said they would be there soon.  
She finds a place to have a race  
They all ran at a fast pace.  
She was so happy she threw a party  
Where they ate some berries and Smarties.  
After a while she was getting tired  
And then she was inspired  
To go to the hammock  
Where she napped then had a big panic  
About what would happen the next day  
Exploring the Milky Way

### 2nd Place

**Antonello F.**, 1st Grade  
Arma Dei Academy, Highlands Ranch

#### COW GOES TO MOOOO-N

What would cows do if they went into space?  
They would say "moo" and take a selfie of  
their face.

They might dance and float on Mars,  
Or fly on rocket cars.

They might see a robot on an asteroid,  
Eating chicken wings that he enjoyed.

They even could see a fairy,  
And at the end, they'd go back down to  
Longmont Dairy.

Bye

### 3rd Place

**Eleanor B.**, 2nd Grade  
West Woods Elementary, Arvada

#### Longmont Cows in Space

Up in space, where the moon rises,  
There are many, many big surprises.  
There are some Longmont cows up there,  
Just having fun floating through the air.  
Whee! Across the sky they zip!  
All of them sure love to flip!  
They fly together past the stars,  
Around Venus and then Mars!  
They all had fun in space that day,  
But now they're hungry for some hay!

### 4th Place

**Samuel K.**, 1st Grade  
Homeschool, Commerce City

#### A Cow Living in Space

A cow living in space  
Was solving a case  
Of a missing place  
On a milky planet

She was looking for grass  
She needed it fast  
For she wouldn't last  
Without grass

She heard a loud cry  
It was an astronaut guy  
He was stuck up high  
Save him, she must try

She got him at last  
He gave her some grass  
She ate it up fast  
The milk came in a blast!

Oh no! It spilled in the sky  
The cow tried and tried  
The cow cried and cried  
The milk flied and flied

## 3rd-5th Grade

### 1st Place

**Maddie R.**, 3rd Grade  
Fireside Elementary, Louisville

#### The Fat Cow

In a far away universe,  
Away from the stars,  
There lived a fat cow,  
Who called his home Mars.  
He had black and white spots,  
And was hungry for food,  
But the grass wouldn't grow,  
Which ruined his mood.  
Then he remembered,  
The moon was made out of cheese,  
Which made him quite happy,  
And pleasantly pleased!  
He went to the moon,  
And gobbled it up!  
He was thirsty for milk,  
But had no luck!  
But then he saw the Longmont Dairy truck!  
It delivered the goods straight to his door,  
And when he got home,  
Milk galore!

The end!

### 2nd Place

**Marleigh T.**, 4th Grade  
Fireside Elementary, Louisville

#### Journey to the Milky Way!

My cow is in the barn tonight  
He's cooking up a plan

He's off to see the Milky Way  
He's getting in his van

He's scaling Rocky Mountains  
And roaming desert dunes

He's hopping in a rocket ship  
It's true! Cows do jump over the moon!

Now when he lands  
He'll cross the stars

He'll spy the Milky Way  
And catch it in a jar

And when my cow awakes from sleep  
He'll say well that was bizarre!

And then he'll see his Milky Way  
Sitting in a jar.

### 3rd Place

**Leighton R.**, 4th Grade  
Golden View Classical Academy, Golden

#### If Cows Lived in the Milky Way

If cows lived in the Milky Way,  
They would say "We traveled from  
the U.S.A.,"  
Then they would eat some cake,  
Then fish in a Milky Way lake,  
They would be in space,  
They would have a race.

If an astronaut came and said, "Who  
are you?"

Then the cow would say "Moo moo,  
I brought a canoe."  
So they sailed on through,  
They went back,  
The cows ate pizza out of the food sack,  
The cows were from the U.S.A.,  
And were proud to live in the Milky Way.

### 4th Place

**Kaitlyn G.**, 5th Grade  
Boulder Country Day School, Boulder

#### Cows In Space

There was a cow that went to space  
It had never been to such a grand place  
The shuttle there was anything but good  
None of the rockets worked as  
they should

The boosters were really old  
And the crew cows never did as they  
were told

When they got to the moon  
stars shone bright  
It was a beautiful night

Mars was all way to scary  
There was no sign of Longmont Dairy  
Pluto was cold and not a planet  
The cows chose they were going to can it

Jupiter was nothing  
but gas

The cows decided they  
were going to pass  
The trip was more than  
the cows could carry  
So they went home and  
enjoyed Longmont Dairy

## 6th-12th Grade

### 1st Place

**Lucy D.**, 8th Grade  
Homeschool, Littleton

#### Cows In Space

What would cows do  
If they went to space?

One thing they would do  
Is go up there and race.  
They chase one another  
Around all the stars  
Starting at Saturn and  
Ending on Mars.

Another thing cows do  
when they go into space,  
is spin and flip  
with elegance and grace.  
With no gravity to  
Stay on the ground,  
They do amazing things,  
Without taking a bound!

The last thing cows would do  
When they go into space,  
Is gaze at the galaxy  
A glowing look on their face.  
The stars and planets  
Mixed with purple and pink  
So beautiful they can hardly blink

There are no reasons  
Why cows go to space,  
Who wouldn't want to?  
It's a wonderful place.

### 2nd Place

**Abigail D.**, 10th Grade  
Golden View Classical Academy, Golden

#### Milk Route through the Milky Way

Out past the planets and drifting comets' spray,  
There's a quiet little pasture in the Milky Way.  
But these cows are busy, make no mistake  
They're out on a mission for goodness sake,  
Because way out there in the stellar sky,  
They work for Longmont Dairy, flying high.  
Their barn's a comet, their fence a light,  
Their delivery routes span from daytime to night.  
They fill up bottles with creamy beams,  
From their swirling rivers of milky dreams.  
Then off they launch in rocket pails,  
Past the bright suns glow and comet trails.  
Down through the clouds and morning dew,  
To ship fresh milk to your door for you!

### 3rd Place

**Adalynn H.**, 7th Grade  
Rocky Mountain Christian Academy, Niwot

#### A Milky Way Story

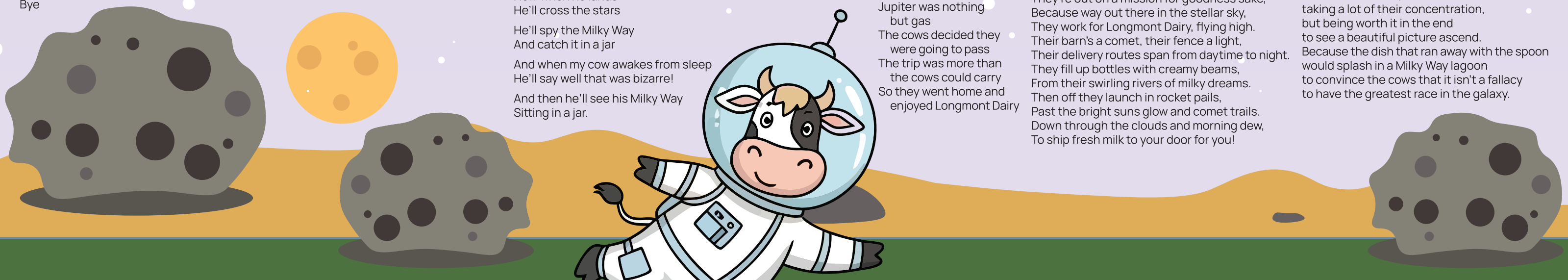
Scientists have pondered at this question  
for years:  
How have cows wondered about the galaxies  
with no fear?  
One in particular stood out from the rest,  
A tiny black cow with a soft milk white chest.  
It leaps and bounds between galaxies afar,  
From here to there, visiting each glowing star!  
He seemed sort of lonely, apart from  
the others;  
So the scientists sent him robot cow, to act  
as a brother!  
They would adventure together as the little  
cow grew,  
Making his own universe as new!  
In his wake, his milky white trail,  
He created the milky way with the flick of  
his tail!  
Then he lived out his life,  
With his silver bot brother and sweet  
spotted wife.

### 4th Place

**Lizzie R.**, 6th Grade  
Altona Middle School, Longmont

#### Cows of the Milky Way

What would cows do if they went into space?  
I think they'd have a space race  
to see who could jump over the moon,  
and they wouldn't come home before noon.  
Or maybe they would have a dance-off,  
to see who could rule the trough,  
but they would be wise to avoid aches,  
otherwise the dairy would be  
selling milkshakes.  
The cows might jump from constellation  
to constellation,  
taking a lot of their concentration,  
but being worth it in the end  
to see a beautiful picture ascend.  
Because the dish that ran away with the spoon  
would splash in a Milky Way lagoon  
to convince the cows that it isn't a fallacy  
to have the greatest race in the galaxy.



# MOOO RECIPES



*Treat Mom to breakfast in bed with this flavorful egg scramble! It goes great with a side of hash browns or in a tortilla as a burrito. Don't forget a glass of orange juice! Makes 4-6 servings.*

## Hearty Egg Scramble

8-12 large eggs from Longmont Dairy	Salt
½ c. Longmont Dairy milk	Pepper
16 oz. Maple Breakfast Sausage Links	1 c. Tillamook Cheese, shredded
2 Tbsp. Country Cream butter	1 c. Tico's Pork Green Chile

Combine eggs, milk, and salt and pepper to taste. Whisk to an even consistency and set aside. Slice the breakfast sausage and sauté over medium heat for 2 to 3 minutes. Reduce heat and melt the butter with the sausage. Add egg mixture and stir frequently until the eggs are cooked.

In a separate pan or bowl, heat the desired amount of green chile sauce. Serve the egg and sausage scramble topped with green chile and shredded cheese.



Clip and file in your recipe collection!  
Use this QR code to find the recipe online.



## Back in May!

- **Strawberry Lemonade** combines the citrusy zing of lemonade with the bold, fruity essence of natural strawberry purée.

**All lemonade is 50¢ off this month.** It's a great time to try this seasonal flavor!

- **Raspberry Black Tea** brings the bold richness of black tea gracefully blended with the sweet and tart notes of ripe raspberry natural flavoring.

Available in May and June.

- **Root Beer Milk**, made with Longmont Dairy 2% milk and natural ingredients, is a delicious, summer-time dessert or snack. It has less added sugar than soda, no corn syrup, and is caffeine-free!

- **Lemonade & Tea** is the perfect combination of fresh-brewed black tea and our low-sugar lemonade.



## MAY—SEASONAL PRODUCTS

### Sweets

#### BREAD IN THE BOX

Banana Chocolate Chip

#### MARY'S MOUNTAIN COOKIE DOUGH

Fudge Fantasy

### Meals/Soup

PREFARE—Chicken Teriyaki Stir Fry

### Meat

ROME'S SAUSAGE—Meatballs

#### CHARCUTNUVO SAUSAGES

Prost Brewing Vienna Lager Bier Brat & Pork Jalapeño Cheddar Brat