

Get out and MOOOVE!

Calling all Poets!

Enter the 20th Annual Poetry Contest

Imagine what it would be like to live on a dairy farm. It could be a long time ago in a rustic setting where you grew all of your family's food and had a prized cow. Or it could be a modern farm that supplies the local population. Imagine the animals you might have and the fun (and work) they would cause. Would you get up with the roosters and pull your crops or milk to market in a horse drawn wagon? Or would you drive some big farm implements, like a big combine? Would your cows be milked by hand into a pail, or would they ride around on a rotary parlor (milking carousel)? Write a poem about "Life on a Dairy Farm" and tell us what you imagine.

Dear Friends,

When I think of the month of March, I remember bright, sunny days. From inside the house it looks beautiful and inviting—until you step outside to 30 degrees and 30 mph wind. It can be shocking at first, then you get used to it. What a blast on a day like that to fly a kite, gallop across the pasture on a horse, play soccer, ski down a hill, and just Mooove! March invites us outside to play!

We are all excited to read your thoughts in the annual poetry contest. We have been doing this contest for 20 plus years, and it never gets old. As social media continues to evolve, it gives us lots of opportunities to showcase your creativity.

Let's keep in touch on Facebook. We will be watching to see how you're moving in this windy month.

Take care 'til next time,

Susan

— or —

Write about "Your Favorite Cookies and Milk."

What flavor combinations do you like? Do you dunk your cookies?

Have you ever dropped your cookie in milk? Why do you like cookies and milk? If you could invent a cookies and milk machine, what would it look like?

Rules: Deadline for submissions is Thursday, March 13th, 5 p.m.

Enter your poem by email. Include your name, grade, school, home address and phone number. Enter as many times as you wish. Prizes will be awarded by age divisions. Winners will see their poems published in the May Mooo News with their name, school and grade. Poems published on our website will include only the poet's first name, school and grade. Poems that do not win a prize may be posted on our website at our discretion. Poetry submissions become the property of Longmont Dairy Farm, Inc. Prizes – 1st Place: \$60; 2nd Place \$40; 3rd Place \$20.

To Enter: Email your poem to CustomerService@longmontdairy.com.

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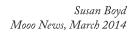


Creamy New Potatoes

Irish Potatoes? Well, actually potatoes originated in Peru. That said, potatoes fed the nation of Ireland. I think this recipe sounds yummy for a change with the traditionally Corned Beef and Cabbage of St. Pat's day.

8 to 10 new potatoes, boiled 2 T. butter 2 T. flour 1 cup Longmont Dairy milk 1 cup Longmont Dairy half and half 1 t. salt ¼ t. pepper 2 T. minced parsley ½ t. paprika

Peel and dice cooked potatoes. Add flour to melted butter and blend until smooth. Return to heat and add milk and half and half, stirring constantly until thickened. Season with salt and pepper. Add potatoes and parsley and heat through. Garnish with paprika. Serves 4 to 6.







Prices effective September 1, 2013

Whole Milk

1/2 Gallon - \$2.89 1 Ouart - \$2.24

Reduced Fat Milk - 2%

1/2 Gallon - \$2.89 1 Quart - \$2.24

Low Fat Milk - 1%

1/2 Gallon - \$2.89 1 Quart - \$2.24

Fat Free Milk - Skim

1/2 Gallon - \$2.89 1 Quart - \$2.24

Half and Half

1 Quart - \$3.39 1 Pint - \$2.39

Whipping Cream

1 Ouart - \$5.69 1 Pint - \$3.49

Chocolate Milk (2%)

1 Quart - \$2.39 4-Pack - \$7.39

Strawberry Milk (2%)

1 Quart - \$2.24

Meadow Gold

Buttermilk* 1 Quart - \$3.99

Orange Juice

1/2 Gallon - \$3.80 1 Quart - \$2.49

Talbott's Apple Juice

½ Gallon - \$4.21

Country Cream Butter

1 lb. - \$4.99

Grassland

Spreadable Butter*

8 oz. - \$2.89

Daisy Cottage Cheese

24 oz. - \$5.69

Daisy Sour Cream*

16 oz. - \$3.69

Tillamook

Block Cheese 16 oz. - \$6.99

Tillamook

Shredded Cheese* 8 oz. - \$3.99

Tillamook

Sliced Cheese* 8 oz. - \$3.99

Tillamook

Tilla-Moos Pack-it-Pals* 10 - 3/4 oz. servings. - \$4.79

Egg•Land's Best Eggs

Locally Grown AA Large Brown Cage Free 1 Dozen - \$4.14 AA Large White

1 Dozen - \$2.99

Noosa Yoghurt*

Plain, Blueberry, Peach, Strawberry Rhubarb, Mango, Raspberry, Honey, Lemon, Tart Cherry, Passion Fruit

Purchase Individually:

8 oz. - \$2.89 SAVE! Order 6 or more:

8 oz. - \$2.49 each

Mary's Mountain Cookie Dough*

Chocolate Chip 3 pound tub - \$9.95

Metal Porch Boxes

\$57.50 - optional

* These products must be preordered.

Quantity Discounts apply to purchases of 20 or more ½ gallon bottles of milk per month (if there is no previous balance on your account).

Weekly Minimum Delivery: 3 items.

Delivery Charge - \$1.00 (per delivery)

March Special

Orange Juice—Special Price \$3.30 per half gallon \$1.99 per quart

Ends March 31, 2014.