



VOL 21, NO. 4
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MOOO NEWS

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Longmont Dairy Farm, Inc.

Happy Earth Day!

Earth Day - The Glass Report

Did you know we have delivered about 35,900,000 bottles in the last 10 years? And all were either reused or recycled!

No land-fill for our glass bottles!

While our plastic caps can't be reused, they can be recycled.

Local Sustainability

We buy locally and regionally grown feed for our cows, process your milk locally and deliver it to your door, saving many individual trips to the store, by our customers, and saving fuel and time.

Celebrate Earth Day and Go Local—Go Green!

Mo' MOOLA

Students are excited to be making "Moola" for their schools. And we are excited that about sixty schools have signed up to participate.

Due to the success of this program, we are pleased to announce that we will continue our *Milk Caps for Moola* school program next year. To see if your school is already "going for the MOOLA," or to find out how to enroll your school, click on the @Home tab on our website, and go to Milk Caps for Moola.

THINK Green - SAVE MONEY

Did you know you can customize your standing order with some items weekly and others every other week or monthly?

Dear Friends,

One of my favorite things in Springtime is watching baby calves. There is a pasture along my drive that is empty half the year, but each February, 20 black cows move in for a few months to give birth to their calves. It seems like weeks before the first calf appears. But, eventually I see one little spot nestled in the grass, laying low out of the wind. Then each day, one or two more little black or red or spotted calves appear. On the warm sunny days they nibble at the grass along side their Mama. When it's cold and wet, they snuggle down in the grass. And, on the breezy days, they run! As they grow, they run and play harder until they outgrow the "nursery" pasture and move on to a bigger place.

The smell of damp earth, the feel of sunshine, the sight of calves playing—I love spring in Colorado! No wonder we celebrate Earth Day in April. Great timing!!!

Enjoy Spring and our earth,
'til next time,

Susan Boyd

P.S. My friend Donna told me her Mom's "secret recipe" for Strawberry milk: When her jar of homemade strawberry jam was nearly empty, she poured in milk, stirred it up and drank the delicious mixture. I can't wait till I have an almost empty jar of jam to try it!

MOOO RECIPES

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Sweet and Sour Yoghurt Salad

4 cups shredded cabbage
2 large carrots shredded

Dressing:

¾ cup Noosa Honey Yoghurt
¼ cup buttermilk
2 Tbls. mayonnaise
1 Tbl. vinegar
1 tsp. Dijon mustard
½ tsp. celery seed
Pinch cayenne pepper
Salt and pepper to taste

Combine dressing ingredients by stirring until smooth. Toss together with cabbage and carrots. Refrigerate and marinate 2 hours or overnight.

*Modified from Homecooking.about.com
Moos News, April 2013*

Try Noosa Yoghurt in April and Save!

Aussie-style Noosa is rich and creamy—made with milk and cream from locally grown, Colorado (rBGH free, no artificial hormones) cows. Noosa is infused with locally grown honey, and made from 100% natural fruit puree that's absolutely free of artificial flavors, ingredients and preservatives. We use real sugar—no corn syrup.

If you haven't tried it—now's the time!

Try these flavors: Mango, Blueberry, Peach, Strawberry Rhubarb, Raspberry and Honey

25¢ off each 8 oz. tub, all month long.

Offer ends April 30, 2013

Prices effective April 1, 2013



Whole Milk

½ Gallon - \$2.89
1 Quart - \$2.24

Reduced Fat Milk - 2%

½ Gallon - \$2.89
1 Quart - \$2.24

Low Fat Milk - 1%

½ Gallon - \$2.89
1 Quart - \$2.24

Fat Free Milk - Skim

½ Gallon - \$2.89
1 Quart - \$2.24

Half and Half

1 Quart - \$3.39
1 Pint - \$2.39

Whipping Cream

1 Quart - \$5.69
1 Pint - \$3.49

Chocolate Milk (2%)

1 Quart - \$2.39
4-Pack - \$7.39

Strawberry Milk (2%)

1 Quart - \$2.24

Meadow Gold Buttermilk

1 Quart - \$3.99

Orange Juice

½ Gallon - \$3.80
1 Quart - \$2.49

Talbot's Apple Juice

½ Gallon - \$4.21

Country Cream Butter

1 lb. - \$4.99

Grassland Spreadable Butter

8 oz. - \$2.89

Daisy Cottage Cheese

24 oz. - \$5.69

Daisy Sour Cream

16 oz. - \$3.69

Tillamook Block Cheese

Medium Cheddar Cheese
Sharp Cheddar Cheese
Colby Jack Cheese
16 oz. - \$6.99

Tillamook Shredded Cheese*

Sharp Cheddar Cheese
Colby Jack Cheese
Mozzarella Cheese
8 oz. - \$3.99

Tillamook Sliced Cheese*

Sharp Cheddar Cheese
Medium Cheddar Cheese
Colby Jack Cheese
12 oz. - \$5.99

Tillamook Tilla-Moos Pack-it-Pals*

Medium Cheddar Cheese
10 - ¾ oz. servings. - \$4.79

Egg-Land's Best Eggs

Cage Free Brown - AA Large
1 Dozen - \$4.14
White - Grade AA Large
1 Dozen - \$2.99

Noosa Yoghurt*

Mango, Blueberry, Peach,
Strawberry Rhubarb,
Raspberry, Honey

Purchase Individually:

8 oz. - \$2.89
SAVE! Order 6 or more:
8 oz. - \$2.49 each

Metal Porch Boxes

\$45.00 - optional

* These products must be preordered.

Quantity Discounts apply to purchases of 20 or more ½ gallon bottles of milk per month (if there is no previous balance on your account).

Weekly Minimum Delivery: 3 bottles, any size.

Delivery Charge (per delivery) - \$1.00

