

MILK RECIPES

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Rhubarb Pudding

3 cups diced rhubarb
 5 Tbsp. melted Country Cream Butter
 2/3 cup plus 1/2 cup sugar
 1 1/2 cups all-purpose flour
 1/4 tsp. salt
 2 tsps. baking powder
 1 egg
 1/2 cup Longmont Dairy Milk
 Longmont Dairy Whipping Cream

Pour rapidly boiling water on top of the rhubarb until well covered. Set aside for 10 minutes. Drain rhubarb through a sieve. Spread 2 Tbsp. melted butter into the bottom of a shallow 1 1/2 qt. baking dish. Sprinkle with 2/3 cup sugar. Place a pie bird or inverted custard cup in the middle to prevent juices from boiling over. Place the rhubarb all around the baking dish. Stir together the flour, salt, remaining 1/2 cup sugar and the baking powder. Beat egg with milk and remaining 3 tablespoons of melted butter. Add to the dry ingredients and stir until blended. It makes a fairly thick dough. Spread the dough mixture over the rhubarb. Bake in a 400 degree oven for 25 to 30 minutes. Serve hot with very cold heavy cream. Makes 6 servings.



Continued from Poetry Contest winners—
6th-8th Grade

3rd Prize

Emma S., 6th Grade, Shining Mountain Waldorf School, Boulder

My Colorful Cow

Have you ever heard a cow, whistling a tune?
 Or have you ever seen a cow, jumping over the moon?
 Have you ever seen a cow on skates?
 Well maybe now I'm dreaming;
 But one can ride aloft, so light,
 across the green grass, screaming.
 Upon the cow's back you'll ride,
 past the meadow, the babbling stream.
 Below a tree you'll laugh all day,
 and lick some sweet ice cream.
 The dandelions sway in the soft warm breeze,
 the clouds so white, like cotton down;
 Turn up the music, dance for a while,
 your true spirit is sure to be found.
 Go to the movies, take a seat;
 You take up one, your cow takes up three.
 So now when you hear a cow, greeting you as they do—"Moo!"
 Believe all this—for it is true! Cows can be your friends too!



Prices effective May 1, 2012

Whole Milk 1/2 Gallon - \$2.79 1 Quart - \$2.15	Country Cream Butter 1 lb. - \$4.99
Reduced Fat Milk - 2% 1/2 Gallon - \$2.79 1 Quart - \$2.15	Tillamook Block Cheese Medium Cheddar Cheese Sharp Cheddar Cheese Colby Jack Cheese 16 oz. - \$6.99
Low Fat Milk - 1% 1/2 Gallon - \$2.79 1 Quart - \$2.15	Tillamook Shredded Cheese Sharp Cheddar Cheese Colby Jack Cheese Mozzarella Cheese 8 oz. - \$3.99
Fat Free Milk - Skim 1/2 Gallon - \$2.79 1 Quart - \$2.15	LDF Specialty Artisan Cheese Asiago Jalapeno Jack Garlic Chive 8 oz. - \$5.99
Half and Half 1 Quart - \$3.32 1 Pint - \$2.32	Egg-Land's Best Eggs Cage Free Brown 1 Dozen - \$3.89 White - Grade AA Large 1 Dozen - \$2.79
Whipping Cream 1 Quart - \$5.52 1 Pint - \$3.32	VIVA Lowfat Cottage Cheese 24 oz. - \$5.29
Chocolate Milk (2%) 1 Quart - \$2.30 4-Pack - \$7.24	Noosa Yoghurt Blueberry, Raspberry, Honey 6-pack, 2 of each flavor - \$14.94 8 oz. singles - \$2.79
Strawberry Milk (2%) 1 Quart - \$2.15	Metal Porch Boxes \$45.00 - optional
Orange Juice 1/2 Gallon - \$4.79 1 Quart - \$2.89	
Talbot's Apple Juice 1/2 Gallon - \$4.21	
Lemonade MAY SPECIAL - \$1.00 Off 1/2 Gallon - \$2.99	

Quantity Discounts apply to purchases of 20 or more 1/2 gallon bottles of milk per month (if there is no previous balance on your account).

Weekly Minimum Delivery: 3 bottles, any size.

Delivery Charge (per delivery) - \$1.00

Adult

3rd Prize

Pat Sherwood,
 Westminster

Who am I?

The order is placed Milk,
 cheese, cream, yoghurt, plus more—
 All is delicious and
 delivered to your door.

Choosing my favorite,
 is not easy to do,
 So send recipes and jokes
 to my Facebook from you.

My address is Longmont Dairy,
 a home that is cozy.
 I'm one cow of many,
 And my name is Rosie.



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MILK NEWS

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Longmont Dairy Farm, Inc.

Mary

Mother's Day: May 13
 Memorial Day: May 28

Introducing— LDF Select Garlic Chive Jack Cheese.



Using freshly made, Artisan Jack Cheese, renowned cheese maker, Dan Meister, combines robust garlic and delicate chives to create a well-balanced flavor, that is lively, yet still mild on the palate.

Delicious for snacking with crackers or use in cooking, this latest flavor addition to our specialty cheeses is perfect for enhancing soups and hot sandwiches. *Only 5.99 for 8 oz.*

Dear Friends,

As always, your response to the poetry contest has been overwhelming! It was a blast reading through all of your poems and stories about your imaginary cow friends.

There is something so sweet and loveable about Holstein cows. Whether it is their gentle disposition or their big brown eyes, each one is a character in her own way. (Just ask anyone who has ever spent any time with one).

Thanks for capturing their love-ability in your poems. I hope you have as much fun reading the winning entries in this issue as we did.

Enjoy these beautiful spring days, while they last!

Take care 'til next time,

Susan Boyd

Sunshine in a Bottle

Less sugar, more taste

Delicious and refreshing, lemonade is back again. Our lemonade recipe has 20% less sugar, no corn syrup, and is made with pure lemon juice.

Hands down this drink is perfect for a summer day! Be sure to order more for your Mother's Day celebration!

May Special

\$1.99 for 1/2 gallon

\$1 off regular price of only \$2.99



My Imaginary Friend

Congratulations, poetry contest winners!



High School 9th-12th Grade

Elementary School

K-2nd Grade

1st Prize

Isabella G., Kindergarten
Arapahoe Ridge Elementary,
Westminster

My Little Friend

I like Anna. She is a cow.
We like to put makeup on,
But she doesn't know how.
We walk to school,
We play leap frog.
Sometimes I wish
Anna was a dog!

2nd Prize

Brandon A., Kindergarten
STEM Magnet Lab School,
Westminster

Cheetah

My cow has brown spots.
So his name is Cheetah.
He likes to eat pitas.
He used to like dots.
Cheetah lives on a farm.
He used to eat corn,
But now he eats grass.
He makes me sweet milk,
But he has lots of gas!

3rd Place

Jordan, A., 2nd Grade
STEM Magnet Lab School,
Westminster

Lila

I once had a cow named Lila.
She loved to eat violets.
She appeared on Facebook
with more spots.
But, it seemed to be more dots.

She gives sweet milk and great gratitude.
Her silver bell gleams as it seems.
She lives in a stable big and cozy.
The wood stays together with nails not glue.
Lila looks at the sky when it's big and blue.

3rd-5th Grade

1st Prize

Maggie R., 5th Grade
Bear Canyon Elementary School,
Highlands Ranch

My Imaginary Friend

She grazes the field all wild and free.
This is my best friend, her name is Lilly.
Though she is a cow,
She is more than that, too;
She'll never be mean to you.
She produces the milk that we all drink,
She's smarter than you may think.
What a gorgeous beauty,
With black spots on her white skin.
She is always wearing a magnificent grin.
Her bell will ring when you come near.
She will say, "I'm happy here."
Lilly hates it when people litter;
That cow is NEVER bitter.
So forget having a bad day,
When with her you can play.
She will never tell a lie.
She is not all that shy.
She loves every Taylor Swift song,
She hates it when people get the lyrics wrong.
Lilly is smart and has a huge heart.
She plans to go to UCLA;
She has quite a large brain
She says, "Yes" as much as she can.
In the summer, she doesn't get a tan.
She has big brown eyes,
Her favorite food is French fries.
If you want, she'll be your friend always.
She stays outside even in the rainy days.
Confident is a word to describe Lilly,
When it's necessary, she does become silly.
Colorado is her favorite state,
She always knows the time and date.
We will be best friends forever,
Because she is kind, loving, cautious,
and clever.

2nd Prize

Kira B., 5th Grade
Cole Creek Elementary, Louisville

Betsy

This cow is my imaginary friend,
Betsy is with me around every bend.

Other cows are fine,
But Betsy is just divine!

My good friend Betsy
She's always on Etsy
Waiting for an update
She has no time for a real date.

Finally, Betsy thought
There was something she ought.
Betsy taught me how to use a nook,
And set me up on Facebook.

We went online
Found a few too many places to dine.
Betsy inhaled every dish that she tried,
But a friend is a friend,
no matter how wide.

3rd Place

Jillian M., 4th Grade
Mountain View Elementary School,
Broomfield

Speckles

I have a best friend
Speckles,
She eats the grass that tickles.
Speckles has a Facebook
Account,
Many more friends than I can
Count
Speckles plays at the
Park,
Until the light in the sky is just a
Spark
Speckles is a great cow Friend,
If only she weren't
Pretend.

6th-8th Grade

1st Prize

Kat B., 6th Grade
Homestead Christian
Academy, Centennial

Leche

Today I met a Brown Swiss,
And now she's my very best friend.
She's in the meadow by the road,
Right around the bend.

Her name is Leche.
She lives at Longmont Dairy.
You might think my friend has two legs,
But really, she's a little hairy.

Every morning I feed her hay,
And she waits for me to come.
And every Thursday I get milk,
And I know just who it's from!

2nd Prize

Cecilia M., 6th Grade
Shining Mountain Waldorf School,
Boulder

The Moo-rning I met Boo

I have a cow friend, her name is Boo,
She wears a shirt of the finest sky blue.
I met her while dancing skip to my loo,
Then she started to moo
the theme to the loo!
The looing went faster,
the mooing grew louder,

Then BOOM!

I started to moo the theme to the loo,
and Boo started to dance
the loo to the moo.
The moo-ing was as loud as a kazoo!
But, that is the truth on how I met BOO—
And how I learned the right way to moo!

Toodle-oo!

3rd Prize 6th-8th Poem is located on the MOOO Recipes page

1st Prize

Alex L., 11th Grade
Dakota Ridge High School,
Littleton

Mooloo's Love Story

Mooloo the cow
was as smart as could be,
He could write, he could talk,
he could even speak Chinese!

One day as he sat there
and talked a small talk,
His good friend Ol' Gloria
came about 5 o'clock.

"I'm delivering your dinner,
tuna sandwich on rye,
A half a boiled egg,
and a piece of cherry pie."

He smiled in delight that
she remembered the egg,
As she sauntered off, licking her leg.

He wanted to tell her
he loved her alright,
But it might just have
to wait another night.

Adult

1st Prize

Ed Hickok, Louisville

Who am I?

I'm not a horse, of course,
But this is no cause for remorse.
Though I like hay, I don't say 'neigh'
when my bovine words I do convey.
And now promote, I am not a goat.
And with this question,
their egos you do bloat.
Though I eat oats
and spout wise quotes,
Goats are small and have small coats.
And a gnu? Who knew
that such an animal is true!
But do they moo? Perhaps they do.
But, I doubt we are alike—
we two, thank you.
And a llama was not my momma,
So please, no drama.
They cause such trauma.
Or a deer?
Oh no, I fear,
we are not all alike, That much is clear.
Or a yak?
Now take that back.
To call me a yak could cause my mom
a heart attack!
No listen here, for I'll say in your ear
a name that you should always endear.
I am the best, far above the rest.
And although you may not know,

He logged onto Facebook
and typed in a hurry,
"Gloria, I love you! No need to worry!"

Within just an hour,
he heard a small beep,
"I love you too,
now go get some sleep."

2nd Prize

Sara T., 11th Grade
Frederick High School,
Frederick

My Cow Friend, Rose

Who's my best friend?
Well, she's a cow!
Her favorite thing to do
is eat some chow.
Grass, apples, even peppermints!
She likes going to the park
Wearing sunglasses called "tints".
She'll stay there until it gets dark,
Then come home to either
watch a film,
Or make some art in her kiln.
Her favorite hobby? She loves to cook!
From spinach soufflé to artichoke dip,
There's no end to what she can create.
If she were a music genre, she'd be hip,

You might have guessed.
Don't knit your brow, Or shout,
"What now?"
For I'll tell you, if you so kindly will allow.
I take a bow. . . I don't disavow. . .
I am a cow.
Wow!

2nd Prize

Kristin Sayer, Littleton
Lessons From a Cow
Did you ever stop to think
that your very best friend,
could have four legs and an udder?
That thought, I assure you,
never entered my mind,
until a trip to the farm, and
a weekend of wonder.
I traveled to Nebraska to visit the "fam",
To see the new animals – cows,
horses, and a lamb.
I was thrilled to see
my grandparents and the farm.
Spacious fields, a quiet pond, and their
quaint house full of charm.
That is where I met her,
Belinda was her name.
A cow of distinction to be sure!
My life would never be the same.
Belinda was a lovely white
with some brown,
A favorite of the farmers' round town.
Her big beautiful eyes

And she's always there
for you to relate.
My best friend, Rose,
She has no cons, only pros.

3rd Place

Kesia S., 9th Grade
Mountain Vista High School,
Highlands Ranch

Bree

This is my cow friend,
Her name is Bree,
She gets made fun of,
'Cause she is lactose free.
My mommy says I can't drink milk,
So Bree is good for me.

Some people think it's funny,
A cow without any milk.
For me she fits in perfectly,
She buys me some chocolate Silk.

We like to see a movie,
We think it's kinda groovy.
She's the kind of friend,
I let hear my cries.
I really love her,
Until she leaves me pies.

3rd Prize Adult poem is located on the MOOO Recipes page

were wise and kind;
A better listener
you could not find!
Her life was simple, not at all complex.
She was an award-winning dairy cow,
no more, no less.
Ask anyone around,
her milk was the best.
Belinda worked hard, but she
also knew when to rest.
We became fast
friends that weekend away.
We spent time together in her pasture.
There was plenty of room
to run and play.
And a hushed calm in the air,
just ask her.
The time had come
for me to head out,
but Belinda and I were not about to pout.
After our fun, she had milk to give.
After our bonding,
I had a fresh outlook on life to live.

What I learned from Belinda,
I will never forget.
Life is much too short
to worry or to fret.
Just get going and do
the best you can do,
Take the time to relax and recharge too.