



LONGMONT DAIRY FARM INC.

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920 Coffman, Longmont, Colorado 80501

www.LongmontDairy.com

(303) 776-8466

Longmont Dairy Farm, Inc.

NOVEMBER

Give Thanks!



Dear Friends,

I hope you're enjoying your fall so far and admiring the beautiful colors. This is such a great time of year to visit pumpkin patches, watch football and take advantage of the last warm days of the year. Recently, I was able to attend a game at the new CSU football stadium with my family, to a game at the new CSU football stadium. As an alum, it's so great to see how much CSU has changed over the years and how supportive Colorado residents and alumni have been in making the new stadium happen.

We are fortunate to live in a state that truly supports physical activity and athletics. Whether it's cheering for our kids' soccer games, taking a hike in the mountains, or rooting for one of our college or pro teams, we can be proud to live in such an active and spirited state.

Happy Thanksgiving!

Take care,

Katie

The Traditional Thanksgiving Dinner

In Plymouth, the harvest celebration of 1621 included what the early settlers could grow, gather and hunt. They had plenty of venison, fowl, fish, eels, lobster, clams and mussels, but there would have been no cranberry sauce, no white potatoes, and no pumpkin pies (because the Pilgrims didn't have cows for butter and whipping cream, or wheat flour to make pie crusts).

In the mid-19th century, our Thanksgiving meal started to look like what we think of as the "traditional dinner." About half of the population lived on farms and most of those farms had dairy cows. Magazines included recipes on how to cook potatoes and, with plenty of butter, cream and eggs available, the traditional pies, cakes, and vegetable side dishes were common.

No matter what traditional foods you serve for Thanksgiving, the most important point is that we, as Americans, pause to celebrate all that we are thankful for. May your feasts, games, shopping, and time with family and friends be happy and memorable. For more information on Thanksgiving food, visit longmontdairy.com/thanksgiving.

NEWS

MOOO RECIPES

Pumpkin Mousse

Serves 8-10

- 1 (15-ounce) can pumpkin
- 3 cups Longmont Dairy Whipping Cream (divided)
- ¾ cup superfine sugar
- ½ teaspoon fresh pumpkin pie spice
- 1 tablespoon vanilla extract
- Garnish: ginger snaps or shaved chocolate

Combine 1 cup of whipping cream, the pumpkin, sugar and spices into a medium saucepan. Cook over medium heat, stirring often, for 5 minutes. Remove and allow to cool completely.

Whip 2 cups of the whipping cream and vanilla until soft peaks form. Fold into the cooled pumpkin. Pour into serving dish or individual size glasses and chill for 1 hour. Top with whipped cream (optional), crumbled ginger snaps or shaved chocolate.

*Adapted from Foodnetwork.com
Mooo News, November 2017*

Super Cheesy Dip

Great for tail-gates or game watching parties.

- 8 oz Daisy Sour Cream
- 1 cup shredded Tillamook Extra Sharp Cheddar Cheese
- 2 cups shredded Pepper Jack Cheese
- 4 green onions, finely chopped
- 8 oz. cream cheese
- ¼ cup chopped fresh cilantro
- 2 teaspoons chili powder, to taste
- 1 lb chopped chicken or ground beef, cooked (optional)



Preheat oven to 350°. In a large bowl, combine sour cream, cheeses, cream cheese and mix together until smooth. Add remaining ingredients and mix together. Transfer the mixture into a lightly greased 8-inch baking dish and bake for 30 minutes or until dip is bubbly. Spoon into a serving bowl and serve with tortilla chips.

Cinnamon Egnog for the Holidays

It's rich and spicy – like dessert in a bottle!

Available from November 1st through December 31st.



Roll-Out Cut-Out Sugar Cookies

Make your holiday cookie decorating a snap with Mary's Mountain Cookie Dough.

Available from November 1st through December 31st.

Oatmeal Cranberry White Chocolate Chip Cookies

Scrumptious cookies, hot from the oven, fill your kitchen with the aroma of home.

Mary's Mountain Cookie Dough makes it easy.

Available from November 1st through December 31st.

Winter's Companion Holiday Blend

Warm up a chilly morning with rich and delicious Winter's Companion Holiday Blend Coffee from Silver Canyon Coffee. Starts November 1st.

Available from November 1st through December 31st.



*Adapted from MyRecipes.com
Mooo News, November 2017*